



Heather Giamboi & Allen Feldman



*Center of Light
Radio*

MONDAY 6PM EDT



Listen on

inceptionradionetwork.com

1
00:00:13,320 --> 00:00:12,540
[Music]

2
00:00:20,810 --> 00:00:13,330
[Applause]

3
00:00:22,520 --> 00:00:20,820
[Music]

4
00:00:25,429 --> 00:00:22,530
[Applause]

5
00:00:29,000 --> 00:00:25,439
[Music]

6
00:00:35,910 --> 00:00:29,010
open your eyes

7
00:00:35,920 --> 00:00:40,790
nothing's like you

8
00:00:40,800 --> 00:00:47,230
before

9
00:00:51,110 --> 00:00:48,709
[Music]

10
00:00:53,990 --> 00:00:51,120
welcome to the center of life radio with

11
00:00:56,229 --> 00:00:54,000
spiritual teacher intuitive musician

12
00:00:58,549 --> 00:00:56,239
composer and best-selling author of the

13
00:01:01,430 --> 00:00:58,559

divine principle anchoring heaven on

14

00:01:03,189 --> 00:01:01,440

earth your host keith anthony blanchard

15

00:01:04,469 --> 00:01:03,199

coast to coast podopol all around the

16

00:01:06,310 --> 00:01:04,479

world on the internet thanks to the

17

00:01:07,590 --> 00:01:06,320

marvel of technology i'm coming at you

18

00:01:09,750 --> 00:01:07,600

live from a little guest house in

19

00:01:11,030 --> 00:01:09,760

memphis tennessee this is keith anthony

20

00:01:13,270 --> 00:01:11,040

blanche and you're listening to center

21

00:01:15,510 --> 00:01:13,280

of light radio center of divine

22

00:01:18,390 --> 00:01:15,520

unfoldment and reinforcement radio for

23

00:01:20,789 --> 00:01:18,400

the soul and the transformation station

24

00:01:21,910 --> 00:01:20,799

strap in all my brother and sister

25

00:01:24,710 --> 00:01:21,920

astral

26

00:01:26,469 --> 00:01:24,720

knots as we launch for inner space

27

00:01:29,350 --> 00:01:26,479

i want to give a quick announcement that

28

00:01:31,910 --> 00:01:29,360

suanji visual yogi is going to be here

29

00:01:33,910 --> 00:01:31,920

like the third week of september swamiji

30

00:01:35,510 --> 00:01:33,920

visual yogi is a god realized man from

31

00:01:38,230 --> 00:01:35,520

india i had the blessed opportunity to

32

00:01:39,510 --> 00:01:38,240

oper to interview him three times and

33

00:01:43,270 --> 00:01:39,520

when you're standing in the presence of

34

00:01:45,830 --> 00:01:43,280

someone there's a powerhouse like this

35

00:01:47,429 --> 00:01:45,840

it consumes everything around you and

36

00:01:49,990 --> 00:01:47,439

the information you get on multiple

37

00:01:52,389 --> 00:01:50,000

levels multi-dimensional levels uh is

38

00:01:53,990 --> 00:01:52,399

can be get really rich really quick so

39

00:01:56,389 --> 00:01:54,000

stay tuned for that interview i will

40

00:01:58,550 --> 00:01:56,399

give more details on the next couple of

41

00:02:01,350 --> 00:01:58,560

weeks as we'll get closer to

42

00:02:02,709 --> 00:02:01,360

that interview with swamiji viswayogi

43

00:02:04,550 --> 00:02:02,719

listening audience listen up this is

44

00:02:06,870 --> 00:02:04,560

what center of light radio is about i've

45

00:02:10,150 --> 00:02:06,880

been doing some research i got i got an

46

00:02:12,550 --> 00:02:10,160

email sometime back from heather uh my

47

00:02:13,910 --> 00:02:12,560

guest tonight and alan asking to be a

48

00:02:16,309 --> 00:02:13,920

guest on center of light radio and i

49

00:02:18,309 --> 00:02:16,319

recently done some uh research

50

00:02:20,309 --> 00:02:18,319

and i listened to one of heather's

51
00:02:23,190 --> 00:02:20,319
presentations and let me tell you i was

52
00:02:26,070 --> 00:02:23,200
floored i was wild this is what center

53
00:02:28,630 --> 00:02:26,080
of light radio is about this is why i do

54
00:02:30,949 --> 00:02:28,640
what i do is so i can be able to do what

55
00:02:34,070 --> 00:02:30,959
my guests tonight do it's about having

56
00:02:36,790 --> 00:02:34,080
those divine mystical experiences that

57
00:02:38,949 --> 00:02:36,800
helps to amalgamate one in unity

58
00:02:41,030 --> 00:02:38,959
consciousness with god and i'm sure

59
00:02:42,070 --> 00:02:41,040
you're going to be absolutely blown away

60
00:02:43,670 --> 00:02:42,080
like i

61
00:02:45,110 --> 00:02:43,680
was the other day when i did my research

62
00:02:46,470 --> 00:02:45,120
so we're going to get right down to the

63
00:02:48,309 --> 00:02:46,480

show in other words it's time to get

64

00:02:49,270 --> 00:02:48,319

down to sin of light radio

65

00:02:51,830 --> 00:02:49,280

business

66

00:02:53,830 --> 00:02:51,840

heather jamboy and alan feldman have

67

00:02:57,350 --> 00:02:53,840

practiced an advanced form of soul

68

00:02:59,350 --> 00:02:57,360

projection for over 20 to 30 years in

69

00:03:02,630 --> 00:02:59,360

this interview they will discuss a true

70

00:03:05,430 --> 00:03:02,640

ancient chess extraterrestrial past life

71

00:03:08,309 --> 00:03:05,440

and how ancient e.t spiritual elders and

72

00:03:10,790 --> 00:03:08,319

saints taught their students

73

00:03:14,309 --> 00:03:10,800

through a spiritual apprenticeship how

74

00:03:17,190 --> 00:03:14,319

to master intriguing galactic and soul

75

00:03:19,670 --> 00:03:17,200

spiritual soul projection to the plains

76

00:03:23,509 --> 00:03:19,680

dimensions planets and heavenly

77

00:03:25,830 --> 00:03:23,519

universes to become god aware spiritual

78

00:03:31,030 --> 00:03:25,840

masters themselves you can find more

79

00:03:35,110 --> 00:03:32,550

dot www.soultravelagent.com heather and

80

00:03:36,630 --> 00:03:35,120

alan welcome to center of light radio

81

00:03:38,070 --> 00:03:36,640

nice to meet you keith

82

00:03:40,789 --> 00:03:38,080

thank you so much

83

00:03:42,710 --> 00:03:40,799

absolutely absolutely and um if everyone

84

00:03:44,390 --> 00:03:42,720

would if you hear a fan noise in the

85

00:03:46,710 --> 00:03:44,400

back it's because of my phenomenal guest

86

00:03:48,869 --> 00:03:46,720

mr alan feldman has to have this going

87

00:03:50,229 --> 00:03:48,879

on so what i would invite you to do uh

88

00:03:51,830 --> 00:03:50,239

when you feel the time is right let's go

89

00:03:54,149 --> 00:03:51,840

inside and send him some love and light

90

00:03:56,710 --> 00:03:54,159

that's what we're about as well right

91

00:03:57,370 --> 00:03:56,720

so i guess i'm gonna start with heather

92

00:03:59,110 --> 00:03:57,380

ladies first

93

00:04:00,789 --> 00:03:59,120

[Laughter]

94

00:04:03,509 --> 00:04:00,799

heather how did you

95

00:04:06,550 --> 00:04:03,519

come across this doorway was it via

96

00:04:08,630 --> 00:04:06,560

allen or um were you guys both designed

97

00:04:11,509 --> 00:04:08,640

to meet as to why you're married just

98

00:04:14,869 --> 00:04:11,519

give me the the the intro how this all

99

00:04:16,310 --> 00:04:14,879

began for you at least

100

00:04:17,990 --> 00:04:16,320

well um

101
00:04:19,990 --> 00:04:18,000
i would say that when i was a young

102
00:04:21,430 --> 00:04:20,000
adult

103
00:04:28,390 --> 00:04:21,440
i felt

104
00:04:32,150 --> 00:04:28,400
and like i was tired

105
00:04:34,310 --> 00:04:32,160
tired of of this of this world tired of

106
00:04:36,310 --> 00:04:34,320
you know the rat race and that something

107
00:04:37,749 --> 00:04:36,320
was missing and i didn't know exactly

108
00:04:39,270 --> 00:04:37,759
what that was

109
00:04:41,510 --> 00:04:39,280
um but i

110
00:04:43,670 --> 00:04:41,520
i started re reading tons and tons of

111
00:04:45,270 --> 00:04:43,680
books anything i get my hands on

112
00:04:46,950 --> 00:04:45,280
but still no matter what i read i felt

113
00:04:47,670 --> 00:04:46,960

like something was missing and finally i

114

00:04:49,270 --> 00:04:47,680

just

115

00:04:51,189 --> 00:04:49,280

one day like a couple years later i

116

00:04:53,270 --> 00:04:51,199

broke down and cried and i said

117

00:04:54,390 --> 00:04:53,280

god if there is a god show me a real

118

00:04:57,590 --> 00:04:54,400

teacher

119

00:04:59,030 --> 00:04:57,600

and i was spiritually guided to change

120

00:05:00,469 --> 00:04:59,040

colleges

121

00:05:02,870 --> 00:05:00,479

and um

122

00:05:04,710 --> 00:05:02,880

i immediately went to their library

123

00:05:07,110 --> 00:05:04,720

closed my eyes and said what am i ready

124

00:05:09,510 --> 00:05:07,120

for now my hand touched a book

125

00:05:10,550 --> 00:05:09,520

and the moment my hand touched this book

126
00:05:12,710 --> 00:05:10,560
i had

127
00:05:15,110 --> 00:05:12,720
a flash of an out-of-body experience

128
00:05:17,029 --> 00:05:15,120
where i experienced this luminous

129
00:05:18,629 --> 00:05:17,039
brilliant white world

130
00:05:19,990 --> 00:05:18,639
of nothing but light that went on

131
00:05:20,950 --> 00:05:20,000
forever

132
00:05:22,790 --> 00:05:20,960
and

133
00:05:24,150 --> 00:05:22,800
i knew i found exactly what i was

134
00:05:25,590 --> 00:05:24,160
looking for which is out of body

135
00:05:27,029 --> 00:05:25,600
projection

136
00:05:29,270 --> 00:05:27,039
and

137
00:05:31,830 --> 00:05:29,280
on my journey um

138
00:05:35,590 --> 00:05:31,840

of course i met i met alan

139

00:05:36,870 --> 00:05:35,600

in in a way that was no accident and um

140

00:05:40,150 --> 00:05:36,880

and we

141

00:05:41,990 --> 00:05:40,160

we began to compose a book together um

142

00:05:43,590 --> 00:05:42,000

about our out-of-body experiences you

143

00:05:45,990 --> 00:05:43,600

know i've been i've been doing about a

144

00:05:47,749 --> 00:05:46,000

body travel for over 20 years and he has

145

00:05:50,469 --> 00:05:47,759

for over 30 years

146

00:05:53,430 --> 00:05:50,479

and when we started writing our book

147

00:05:55,990 --> 00:05:53,440

at one point when we hit chapter three

148

00:05:57,830 --> 00:05:56,000

um both of us we just had this

149

00:05:59,830 --> 00:05:57,840

sudden flash of what are called the soul

150

00:06:00,790 --> 00:05:59,840

records on the soul plane which is a

151
00:06:03,830 --> 00:06:00,800
very

152
00:06:05,510 --> 00:06:03,840
the soul plane is a plane that is far

153
00:06:07,590 --> 00:06:05,520
far beyond the

154
00:06:09,670 --> 00:06:07,600
the lower levels of heaven

155
00:06:12,550 --> 00:06:09,680
uh far beyond duality

156
00:06:15,189 --> 00:06:12,560
and we were shown this this uh

157
00:06:18,629 --> 00:06:15,199
past life we both shared together

158
00:06:21,029 --> 00:06:18,639
um a long time ago millions of years ago

159
00:06:22,230 --> 00:06:21,039
on a very ancient planet

160
00:06:24,550 --> 00:06:22,240
and

161
00:06:27,510 --> 00:06:24,560
it was very profound

162
00:06:29,000 --> 00:06:27,520
very moving what we saw we saw in great

163
00:06:30,150 --> 00:06:29,010

detail

164

00:06:32,950 --> 00:06:30,160

[Music]

165

00:06:35,590 --> 00:06:32,960

about our spiritual lives

166

00:06:37,430 --> 00:06:35,600

and some profound spiritual truths that

167

00:06:40,390 --> 00:06:37,440

we both learned in that particular past

168

00:06:42,150 --> 00:06:40,400

life it was on a planet called series

169

00:06:44,150 --> 00:06:42,160

so heather let me ask you this

170

00:06:46,629 --> 00:06:44,160

let's let's go back just a little bit

171

00:06:48,629 --> 00:06:46,639

how did you even though you met alan and

172

00:06:49,670 --> 00:06:48,639

you begin to write this book

173

00:06:51,510 --> 00:06:49,680

what

174

00:06:53,430 --> 00:06:51,520

began

175

00:06:55,830 --> 00:06:53,440

to launch you to have these out-of-body

176

00:06:57,510 --> 00:06:55,840

experiences obviously before you

177

00:06:59,189 --> 00:06:57,520

got on your metaphorical spiritual knee

178

00:07:01,110 --> 00:06:59,199

and cried out to god because i did the

179

00:07:02,710 --> 00:07:01,120

same thing and believe me i came from a

180

00:07:05,110 --> 00:07:02,720

space like you have such passion and

181

00:07:05,990 --> 00:07:05,120

sincerity it happened

182

00:07:07,029 --> 00:07:06,000

um

183

00:07:08,870 --> 00:07:07,039

but

184

00:07:11,589 --> 00:07:08,880

when did the audit body experience or

185

00:07:13,589 --> 00:07:11,599

end body rather these glimpses of

186

00:07:15,270 --> 00:07:13,599

divinely realms when did this happen and

187

00:07:16,710 --> 00:07:15,280

how did it happen did y'all just did

188

00:07:18,710 --> 00:07:16,720

allen teach you this allen was this

189

00:07:23,990 --> 00:07:18,720

something you imparted to heather and

190

00:07:29,990 --> 00:07:27,270

it's very contagious i'm kidding

191

00:07:31,029 --> 00:07:30,000

now she had her he had her experiences

192

00:07:35,749 --> 00:07:31,039

before

193

00:07:41,589 --> 00:07:37,830

so what is what is a technique that you

194

00:07:43,029 --> 00:07:41,599

guys use to help launch you into these

195

00:07:44,469 --> 00:07:43,039

different dimensions and planes and

196

00:07:46,870 --> 00:07:44,479

bandwidths

197

00:07:49,270 --> 00:07:46,880

sure who wants to ever you can talk

198

00:07:50,629 --> 00:07:49,280

about it ellen well oh boy there's

199

00:07:52,629 --> 00:07:50,639

there's a few of them

200

00:07:54,950 --> 00:07:52,639

um if you'd like we could share a couple

201
00:07:56,710 --> 00:07:54,960
with with your listeners and yourself

202
00:07:58,230 --> 00:07:56,720
would love them

203
00:08:00,309 --> 00:07:58,240
that would be great one of those i just

204
00:08:01,749 --> 00:08:00,319
wanted you mind if i say a little bit

205
00:08:03,189 --> 00:08:01,759
um

206
00:08:05,510 --> 00:08:03,199
i'd like to say that

207
00:08:06,710 --> 00:08:05,520
part of the problems with most paths or

208
00:08:07,990 --> 00:08:06,720
most

209
00:08:10,629 --> 00:08:08,000
groups

210
00:08:13,430 --> 00:08:10,639
is it's based upon dogma or superstition

211
00:08:15,589 --> 00:08:13,440
or it's based upon what somebody read in

212
00:08:17,430 --> 00:08:15,599
a book

213
00:08:19,430 --> 00:08:17,440

and that's that's fine

214

00:08:21,110 --> 00:08:19,440

it's not a bad thing because you can

215

00:08:22,469 --> 00:08:21,120

you can get a lot of insights from

216

00:08:25,110 --> 00:08:22,479

reading and

217

00:08:27,430 --> 00:08:25,120

and um listening to lectures and stuff

218

00:08:28,790 --> 00:08:27,440

but the thing is that you

219

00:08:31,350 --> 00:08:28,800

without having your own personal

220

00:08:32,790 --> 00:08:31,360

experiences as you alluded to keith

221

00:08:37,190 --> 00:08:32,800

um

222

00:08:38,709 --> 00:08:37,200

it's sort of like just out it's sort of

223

00:08:40,790 --> 00:08:38,719

in your head

224

00:08:43,110 --> 00:08:40,800

you know it becomes dogmatic it becomes

225

00:08:44,230 --> 00:08:43,120

like a religion or superstition or

226

00:08:45,750 --> 00:08:44,240

beliefs

227

00:08:48,070 --> 00:08:45,760

yeah you know most people have all these

228

00:08:50,310 --> 00:08:48,080

beliefs that they carry around with them

229

00:08:51,350 --> 00:08:50,320

and so the the big thing that separates

230

00:08:52,790 --> 00:08:51,360

one of the things that separates

231

00:08:55,430 --> 00:08:52,800

burden from

232

00:08:58,389 --> 00:08:55,440

from um it's not a religion first of all

233

00:09:01,110 --> 00:08:58,399

is that we show it's a path of

234

00:09:03,910 --> 00:09:01,120

through personal experience

235

00:09:05,430 --> 00:09:03,920

and it's not limited to the astral plane

236

00:09:07,190 --> 00:09:05,440

a lot of paths

237

00:09:08,710 --> 00:09:07,200

that talk about astral projection or

238

00:09:10,310 --> 00:09:08,720

mental travel

239

00:09:12,389 --> 00:09:10,320

um

240

00:09:13,910 --> 00:09:12,399

we've actually mapped out these

241

00:09:15,910 --> 00:09:13,920

different planes

242

00:09:20,949 --> 00:09:15,920

and this we didn't do how is that even

243

00:09:23,670 --> 00:09:22,230

i mean if you look at the ancient

244

00:09:25,670 --> 00:09:23,680

explorers

245

00:09:27,430 --> 00:09:25,680

you know like magellan and christopher

246

00:09:28,310 --> 00:09:27,440

columbus and how did they map out the

247

00:09:30,870 --> 00:09:28,320

world

248

00:09:32,790 --> 00:09:30,880

well before the advent of satellite

249

00:09:34,790 --> 00:09:32,800

systems and

250

00:09:36,550 --> 00:09:34,800

high altitude aircraft

251
00:09:37,829 --> 00:09:36,560
it was done the old-fashioned way you

252
00:09:40,150 --> 00:09:37,839
know it was hard

253
00:09:41,910 --> 00:09:40,160
you you had to travel

254
00:09:43,990 --> 00:09:41,920
and as you traveled you'd have people

255
00:09:45,910 --> 00:09:44,000
who would scribe down maps and

256
00:09:47,190 --> 00:09:45,920
and so this has been the case for

257
00:09:48,870 --> 00:09:47,200
forever

258
00:09:50,310 --> 00:09:48,880
is that um

259
00:09:51,590 --> 00:09:50,320
there's people that are spiritual

260
00:09:53,509 --> 00:09:51,600
travelers

261
00:09:55,190 --> 00:09:53,519
who have been able to go into these

262
00:09:57,350 --> 00:09:55,200
various planes

263
00:09:58,310 --> 00:09:57,360

and they've existed before time before

264

00:10:00,550 --> 00:09:58,320

the earth

265

00:10:02,150 --> 00:10:00,560

on these different planets

266

00:10:03,750 --> 00:10:02,160

different planes

267

00:10:05,350 --> 00:10:03,760

and these are the spiritual travelers

268

00:10:07,350 --> 00:10:05,360

who've gone to different

269

00:10:08,630 --> 00:10:07,360

planes and they've mapped these out it's

270

00:10:10,630 --> 00:10:08,640

very exciting

271

00:10:11,350 --> 00:10:10,640

so it's not a dogmatic path where you're

272

00:10:12,710 --> 00:10:11,360

just

273

00:10:15,829 --> 00:10:12,720

you're told something and you told the

274

00:10:17,110 --> 00:10:15,839

bullet have faith and believe it

275

00:10:19,269 --> 00:10:17,120

it's something where the spiritual

276

00:10:22,069 --> 00:10:19,279

travelers come and they tell man

277

00:10:23,030 --> 00:10:22,079

what's out there and how to reach it but

278

00:10:24,470 --> 00:10:23,040

then you have to have your own

279

00:10:26,230 --> 00:10:24,480

experiences

280

00:10:28,710 --> 00:10:26,240

and your own mythology

281

00:10:29,990 --> 00:10:28,720

and so vardankar is the ancient

282

00:10:31,829 --> 00:10:30,000

science

283

00:10:33,269 --> 00:10:31,839

of out-of-body soul projection though

284

00:10:34,550 --> 00:10:33,279

it's a science

285

00:10:35,910 --> 00:10:34,560

it's an applied science where you

286

00:10:38,310 --> 00:10:35,920

actually practice it

287

00:10:40,870 --> 00:10:38,320

so there are exercises you can do

288

00:10:42,710 --> 00:10:40,880

in addition to reading and studying

289

00:10:44,389 --> 00:10:42,720

and that's where the that's the proof is

290

00:10:46,790 --> 00:10:44,399

in the pudding to have these actual

291

00:10:48,949 --> 00:10:46,800

experiences what you find is that they

292

00:10:50,150 --> 00:10:48,959

are mappable that you can

293

00:10:51,750 --> 00:10:50,160

through the through the help of the

294

00:10:53,110 --> 00:10:51,760

spiritual travels you can figure out

295

00:10:55,030 --> 00:10:53,120

where you are

296

00:10:56,389 --> 00:10:55,040

so is there an exercise that you can

297

00:10:58,790 --> 00:10:56,399

share that you think

298

00:11:02,710 --> 00:10:58,800

might help uh yes because i'm over here

299

00:11:05,590 --> 00:11:03,910

there's a couple of them i mean there's

300

00:11:07,670 --> 00:11:05,600

a lot of exercises but i'll give you a

301
00:11:09,670 --> 00:11:07,680
couple of real simple ones and there's a

302
00:11:11,430 --> 00:11:09,680
reason why i'm giving you at least two

303
00:11:13,110 --> 00:11:11,440
uh the first one

304
00:11:15,110 --> 00:11:13,120
is sort of like getting the nutcrack

305
00:11:16,710 --> 00:11:15,120
open so it's a basic technique it's not

306
00:11:19,030 --> 00:11:16,720
an advanced technique

307
00:11:21,430 --> 00:11:19,040
but it can kind of it's sort of like

308
00:11:23,110 --> 00:11:21,440
if a bolt is all rusted shut

309
00:11:24,550 --> 00:11:23,120
and you can't get it open you sort of

310
00:11:28,870 --> 00:11:24,560
like have to hit it with a hammer a few

311
00:11:30,630 --> 00:11:28,880
times and maybe spray some oil on it

312
00:11:33,350 --> 00:11:30,640
so if somebody's kind of stuck in their

313
00:11:34,949 --> 00:11:33,360

body or they're kind of in a rut

314

00:11:37,110 --> 00:11:34,959

this is a simple exercise not very

315

00:11:39,110 --> 00:11:37,120

advanced but it works really well

316

00:11:40,710 --> 00:11:39,120

and it's simple so

317

00:11:43,269 --> 00:11:40,720

if you want anybody that wants to

318

00:11:44,949 --> 00:11:43,279

practice it they can do it right now

319

00:11:47,430 --> 00:11:44,959

so what you basically do is hopefully if

320

00:11:50,470 --> 00:11:47,440

you have a chair you sit down

321

00:11:52,790 --> 00:11:50,480

and notice the room you're in

322

00:11:54,470 --> 00:11:52,800

like notice behind you

323

00:11:56,069 --> 00:11:54,480

like the furniture and everything around

324

00:11:57,590 --> 00:11:56,079

you with your physical eyes you look

325

00:12:01,269 --> 00:11:57,600

take a look at it

326

00:12:05,829 --> 00:12:03,509

and now what you do

327

00:12:07,670 --> 00:12:05,839

is you imagine a point

328

00:12:10,389 --> 00:12:07,680

about four feet

329

00:12:13,430 --> 00:12:10,399

behind your head

330

00:12:14,949 --> 00:12:13,440

and you jump in the soul body to that

331

00:12:16,870 --> 00:12:14,959

point so you're looking

332

00:12:19,110 --> 00:12:16,880

behind yourself and your physical body

333

00:12:20,550 --> 00:12:19,120

so you deliberately project yourself to

334

00:12:21,829 --> 00:12:20,560

that focal point

335

00:12:23,110 --> 00:12:21,839

right so now you're looking behind your

336

00:12:24,949 --> 00:12:23,120

head

337

00:12:27,110 --> 00:12:24,959

and you just put your retention that

338

00:12:30,949 --> 00:12:27,120

that area behind your head almost like a

339

00:12:34,949 --> 00:12:33,110

and what you can do now you can

340

00:12:38,710 --> 00:12:34,959

there are ways of making it easier you

341

00:12:41,670 --> 00:12:38,720

can chant the word hue which is

342

00:12:43,910 --> 00:12:41,680

pronounced um

343

00:12:45,910 --> 00:12:43,920

like he was in the color hue

344

00:12:48,470 --> 00:12:45,920

and the way we usually do it is we'll do

345

00:12:50,949 --> 00:12:48,480

the h separate so we'll go h

346

00:12:53,269 --> 00:12:50,959

and then draw out the u

347

00:12:56,310 --> 00:12:53,279

so it's spelled hu

348

00:12:57,430 --> 00:12:56,320

and so you might close your eyes

349

00:13:00,069 --> 00:12:57,440

and

350

00:13:02,949 --> 00:13:00,079

take a few deep breaths

351
00:13:05,509 --> 00:13:02,959
and then you chant

352
00:13:07,300 --> 00:13:05,519
age

353
00:13:18,150 --> 00:13:07,310
you

354
00:13:19,509 --> 00:13:18,160
five six times seven times whatever

355
00:13:21,430 --> 00:13:19,519
feels comfortable

356
00:13:22,870 --> 00:13:21,440
and then you can try jumping and jumping

357
00:13:24,230 --> 00:13:22,880
out of your

358
00:13:26,870 --> 00:13:24,240
jumping to this

359
00:13:28,629 --> 00:13:26,880
this point about four feet behind you

360
00:13:29,670 --> 00:13:28,639
and you'll see

361
00:13:31,750 --> 00:13:29,680
um

362
00:13:33,670 --> 00:13:31,760
your physical body to the back of your

363
00:13:35,350 --> 00:13:33,680

head now at that point

364

00:13:36,870 --> 00:13:35,360

you're out of your body you're not that

365

00:13:38,150 --> 00:13:36,880

far out of your body that you're out of

366

00:13:39,910 --> 00:13:38,160

your body

367

00:13:42,949 --> 00:13:39,920

for sure because you placed your

368

00:13:43,990 --> 00:13:42,959

attention there and now from there

369

00:13:47,030 --> 00:13:44,000

you can

370

00:13:50,069 --> 00:13:47,040

hover up above the ceiling look down you

371

00:13:51,269 --> 00:13:50,079

can visit you can go someplace

372

00:13:52,310 --> 00:13:51,279

in the physical

373

00:13:55,750 --> 00:13:52,320

world

374

00:13:57,110 --> 00:13:55,760

you can meet a particular master

375

00:13:58,790 --> 00:13:57,120

um

376

00:14:01,430 --> 00:13:58,800

so that's sort of just an exercise to

377

00:14:05,030 --> 00:14:01,440

get your to get you loosened up

378

00:14:07,750 --> 00:14:05,040

and one of the significances of learning

379

00:14:09,430 --> 00:14:07,760

soul projection or more advanced form of

380

00:14:11,750 --> 00:14:09,440

out of body travel

381

00:14:13,030 --> 00:14:11,760

is that its purpose is

382

00:14:17,590 --> 00:14:13,040

to actually

383

00:14:19,910 --> 00:14:17,600

god so we're not doing it just for

384

00:14:21,670 --> 00:14:19,920

entertainment or you know from some

385

00:14:23,590 --> 00:14:21,680

frivolous thing to

386

00:14:25,430 --> 00:14:23,600

of that nature but the purpose is

387

00:14:28,310 --> 00:14:25,440

actually to return to god and to

388

00:14:30,389 --> 00:14:28,320

spiritual freedom right um

389

00:14:34,870 --> 00:14:30,399

uh this is a weird kind of

390

00:14:37,189 --> 00:14:34,880

understanding but um 99.8

391

00:14:39,030 --> 00:14:37,199

of souls in the lower worlds including

392

00:14:40,470 --> 00:14:39,040

earth and other planets are not

393

00:14:43,189 --> 00:14:40,480

spiritually free

394

00:14:45,030 --> 00:14:43,199

but the illusions are so powerful like

395

00:14:47,189 --> 00:14:45,040

the movie matrix they're so incredible

396

00:14:49,509 --> 00:14:47,199

my absolute favorite movie

397

00:14:51,829 --> 00:14:49,519

yeah it's interesting

398

00:14:53,829 --> 00:14:51,839

um because it's such a perfect analogy

399

00:14:55,829 --> 00:14:53,839

for for the way

400

00:14:58,470 --> 00:14:55,839

the spiritual matrix in the lower world

401
00:14:59,750 --> 00:14:58,480
sect guess what hollywood

402
00:15:02,310 --> 00:14:59,760
i'm here

403
00:15:04,710 --> 00:15:02,320
hollywood's got a new host

404
00:15:07,189 --> 00:15:04,720
and the stars are shining bright on

405
00:15:09,269 --> 00:15:07,199
steam it'd be okay to just come here

406
00:15:11,990 --> 00:15:09,279
every day for that

407
00:15:15,269 --> 00:15:12,000
today premiere week continues with ice

408
00:15:18,310 --> 00:15:15,279
cube plus baseball's rally granny makes

409
00:15:20,550 --> 00:15:18,320
the crowd go wild you've never seen

410
00:15:22,949 --> 00:15:20,560
anything like this before

411
00:15:26,069 --> 00:15:22,959
all new steve

412
00:15:28,470 --> 00:15:26,079
new york weekdays at 2 on nbc 4 new york

413
00:15:30,150 --> 00:15:28,480

actually behaves it what's interesting

414

00:15:31,509 --> 00:15:30,160

oh i'm sorry no no it's okay what's

415

00:15:33,030 --> 00:15:31,519

interesting about the matrix yeah we

416

00:15:36,310 --> 00:15:33,040

like we look at a lot too

417

00:15:37,990 --> 00:15:36,320

is that if you notice in that movie

418

00:15:40,949 --> 00:15:38,000

neo

419

00:15:44,629 --> 00:15:40,959

goes through this paradigm shift

420

00:15:46,629 --> 00:15:44,639

and he realizes the unreality of

421

00:15:48,550 --> 00:15:46,639

of this illusion

422

00:15:51,670 --> 00:15:48,560

but it's like he jumps into another

423

00:15:53,910 --> 00:15:51,680

paradigm but he's still under illusion

424

00:15:55,189 --> 00:15:53,920

it's almost like you're in a tiny closet

425

00:15:56,710 --> 00:15:55,199

and then you leave the closet you go

426
00:15:59,509 --> 00:15:56,720
into a bedroom

427
00:16:01,990 --> 00:15:59,519
so you've expanded your your your

428
00:16:03,829 --> 00:16:02,000
freedom but you're still in a bedroom

429
00:16:07,030 --> 00:16:03,839
and trapped in that

430
00:16:08,629 --> 00:16:07,040
larger matrix so to speak

431
00:16:10,550 --> 00:16:08,639
and this is the nature of these

432
00:16:12,069 --> 00:16:10,560
different planes is that

433
00:16:14,870 --> 00:16:12,079
they get bigger and bigger you have more

434
00:16:17,509 --> 00:16:14,880
and more freedom it's less and less

435
00:16:19,590 --> 00:16:17,519
matter and more and more spirit

436
00:16:21,670 --> 00:16:19,600
but it's still

437
00:16:23,430 --> 00:16:21,680
a prison so it's just a bigger prison

438
00:16:25,269 --> 00:16:23,440

cell

439

00:16:27,110 --> 00:16:25,279

and so what one of the things we've

440

00:16:29,350 --> 00:16:27,120

learned in garden car

441

00:16:30,629 --> 00:16:29,360

is how to when we map out these

442

00:16:32,949 --> 00:16:30,639

different planes and we have a chart

443

00:16:35,430 --> 00:16:32,959

that kind of gives you an idea of what

444

00:16:37,110 --> 00:16:35,440

we're talking

445

00:16:40,470 --> 00:16:37,120

the about website

446

00:16:44,230 --> 00:16:42,550

you'll see a chart

447

00:16:45,910 --> 00:16:44,240

that shows you know these different

448

00:16:48,949 --> 00:16:45,920

planes

449

00:16:50,870 --> 00:16:48,959

and um so you can once you start to

450

00:16:51,749 --> 00:16:50,880

understand

451
00:16:54,550 --> 00:16:51,759
that

452
00:16:55,509 --> 00:16:54,560
there's there's no real common language

453
00:16:57,509 --> 00:16:55,519
amongst

454
00:17:00,389 --> 00:16:57,519
people that are into spiritual subject

455
00:17:02,150 --> 00:17:00,399
matter or metaphysics or you know people

456
00:17:03,269 --> 00:17:02,160
that are in metaphysics within religion

457
00:17:05,350 --> 00:17:03,279
or they're into

458
00:17:07,029 --> 00:17:05,360
into new age um

459
00:17:08,949 --> 00:17:07,039
different paths astral projection

460
00:17:11,110 --> 00:17:08,959
whatever you want to call it there's no

461
00:17:13,350 --> 00:17:11,120
common language

462
00:17:16,069 --> 00:17:13,360
and so there's a lot of confusion but

463
00:17:18,949 --> 00:17:16,079

once you start to understand

464

00:17:21,350 --> 00:17:18,959

how it works how these different planes

465

00:17:23,189 --> 00:17:21,360

are like traps inside of traps kind of

466

00:17:25,270 --> 00:17:23,199

like a prison you have the cell that the

467

00:17:27,270 --> 00:17:25,280

inmate's in but then when he gets out of

468

00:17:29,430 --> 00:17:27,280

that he's in the courtyard but then when

469

00:17:33,190 --> 00:17:29,440

he gets out of that you know it's like

470

00:17:34,950 --> 00:17:33,200

walls inside walls inside walls

471

00:17:37,430 --> 00:17:34,960

and so somebody escapes their prison

472

00:17:39,510 --> 00:17:37,440

cell but they're still in the prison

473

00:17:40,310 --> 00:17:39,520

still on prison grounds right right

474

00:17:41,830 --> 00:17:40,320

yeah

475

00:17:43,750 --> 00:17:41,840

so they really haven't escaped the

476

00:17:45,110 --> 00:17:43,760

prison they've escaped the cell

477

00:17:47,190 --> 00:17:45,120

and then of course they find them it

478

00:17:48,950 --> 00:17:47,200

almost reminds me of like an onion that

479

00:17:51,270 --> 00:17:48,960

has different layers and she's brought

480

00:17:52,470 --> 00:17:51,280

this analogy up before where like in the

481

00:17:55,510 --> 00:17:52,480

matrix

482

00:17:57,270 --> 00:17:55,520

he wakes up from one layer and then he

483

00:17:59,430 --> 00:17:57,280

finds himself in another but he feels

484

00:18:02,070 --> 00:17:59,440

like he's totally woken up in a sense

485

00:18:03,909 --> 00:18:02,080

that happens a lot um

486

00:18:06,310 --> 00:18:03,919

that could be a dangerous trap that when

487

00:18:07,990 --> 00:18:06,320

one thinks they're actually liberated

488

00:18:09,669 --> 00:18:08,000

that they just get complacent and they

489

00:18:11,110 --> 00:18:09,679

stay and play in this particular plane

490

00:18:13,190 --> 00:18:11,120

for however long

491

00:18:15,029 --> 00:18:13,200

and here could be thousands of years

492

00:18:16,470 --> 00:18:15,039

exactly what happens actually and it

493

00:18:18,630 --> 00:18:16,480

happens to

494

00:18:21,750 --> 00:18:18,640

countless souls is it's just like the

495

00:18:23,830 --> 00:18:21,760

matrix in the matrix he he in a sense is

496

00:18:26,470 --> 00:18:23,840

work way almost like waking up to astral

497

00:18:28,549 --> 00:18:26,480

consciousness the astral plane is like

498

00:18:30,310 --> 00:18:28,559

the invisible world when people develop

499

00:18:31,590 --> 00:18:30,320

psychic abilities suddenly they can see

500

00:18:33,029 --> 00:18:31,600

this invisible world and they're like

501

00:18:34,549 --> 00:18:33,039

wow i woke up

502

00:18:36,630 --> 00:18:34,559

but what a lot of people don't realize

503

00:18:38,950 --> 00:18:36,640

is that they've woken up to like the

504

00:18:41,190 --> 00:18:38,960

first layer of the onion and it's so

505

00:18:43,430 --> 00:18:41,200

beautiful and profound and they can see

506

00:18:46,150 --> 00:18:43,440

angels and they can see heavenly sights

507

00:18:48,150 --> 00:18:46,160

and wonders but there are many layers to

508

00:18:51,029 --> 00:18:48,160

this sort of onion or matrix and what

509

00:18:53,350 --> 00:18:51,039

makes it even more complicated is simple

510

00:18:55,270 --> 00:18:53,360

similar to the physical plane

511

00:18:56,710 --> 00:18:55,280

for example in the in the earth let's

512

00:18:57,909 --> 00:18:56,720

take something really tiny like the

513

00:18:59,430 --> 00:18:57,919

earth

514

00:19:01,909 --> 00:18:59,440

you know we have different experiences

515

00:19:03,750 --> 00:19:01,919

on the earth like you could be in hawaii

516

00:19:06,470 --> 00:19:03,760

and you could be lying in a hammock you

517

00:19:08,150 --> 00:19:06,480

know or next to a waterfall

518

00:19:12,230 --> 00:19:08,160

and you could feel like it's just

519

00:19:13,510 --> 00:19:12,240

amazingly beautiful and serene and happy

520

00:19:15,350 --> 00:19:13,520

or you could be in the middle of a

521

00:19:17,190 --> 00:19:15,360

desert in a war-torn desert where you've

522

00:19:19,909 --> 00:19:17,200

got machine gun fire

523

00:19:22,830 --> 00:19:19,919

and it's hot extremely hot

524

00:19:25,510 --> 00:19:22,840

and barren and just very

525

00:19:26,950 --> 00:19:25,520

unpleasant and yet those are all parts

526

00:19:28,710 --> 00:19:26,960

of the earth

527

00:19:30,630 --> 00:19:28,720

and so the astral plane has many

528

00:19:32,630 --> 00:19:30,640

sub-regions

529

00:19:34,310 --> 00:19:32,640

you see so it gets complicated so

530

00:19:36,870 --> 00:19:34,320

there's a spiritual law

531

00:19:40,230 --> 00:19:36,880

which is that a master a spiritual

532

00:19:41,669 --> 00:19:40,240

master cannot take his chilas or

533

00:19:43,750 --> 00:19:41,679

students

534

00:19:45,029 --> 00:19:43,760

any farther than he has actually gone

535

00:19:46,950 --> 00:19:45,039

himself

536

00:19:49,029 --> 00:19:46,960

so if you're studying with a teacher or

537

00:19:50,470 --> 00:19:49,039

guru or master

538

00:19:51,510 --> 00:19:50,480

anybody like that if they haven't

539

00:19:53,590 --> 00:19:51,520
reached

540

00:19:55,510 --> 00:19:53,600
beyond let's say the mid-astral plane

541

00:19:57,669 --> 00:19:55,520
gonna be able to take you further than

542

00:19:59,750 --> 00:19:57,679
that there's there are many people that

543

00:20:02,390 --> 00:19:59,760
will have these incredible experiences

544

00:20:04,390 --> 00:20:02,400
in the astral plane or the mental plane

545

00:20:06,150 --> 00:20:04,400
and it'll be so profound that they will

546

00:20:08,470 --> 00:20:06,160
think that they reached god realization

547

00:20:10,070 --> 00:20:08,480
or self-realization when it's sort of

548

00:20:12,870 --> 00:20:10,080
like they've reached sort of like an

549

00:20:15,430 --> 00:20:12,880
astral enlightenment or a certain

550

00:20:16,390 --> 00:20:15,440
experience on one of these subplanes

551
00:20:18,630 --> 00:20:16,400
um

552
00:20:21,510 --> 00:20:18,640
but it's you know it's sort of like a

553
00:20:23,430 --> 00:20:21,520
journey and that's why we we've found it

554
00:20:25,510 --> 00:20:23,440
vital we've worked with these very

555
00:20:27,510 --> 00:20:25,520
ancient masters

556
00:20:29,430 --> 00:20:27,520
um just like we learned on series there

557
00:20:31,669 --> 00:20:29,440
were these ancient masters millions of

558
00:20:33,830 --> 00:20:31,679
years ago and they they would take their

559
00:20:35,990 --> 00:20:33,840
students under their wing as sort of

560
00:20:37,830 --> 00:20:36,000
like a spiritual apprenticeship

561
00:20:39,430 --> 00:20:37,840
and teach them this galactic and

562
00:20:41,669 --> 00:20:39,440
spiritual wisdom

563
00:20:43,990 --> 00:20:41,679

of learning you know the process of

564

00:20:46,230 --> 00:20:44,000

learning to leave the physical body and

565

00:20:50,549 --> 00:20:46,240

dwell in these heavenly planes and

566

00:20:51,750 --> 00:20:50,559

dimensions or um realms and and you know

567

00:20:53,990 --> 00:20:51,760

universes

568

00:20:56,789 --> 00:20:54,000

and so it's it's a whole process of

569

00:20:58,310 --> 00:20:56,799

spiritual unfoldment because the goal

570

00:21:01,270 --> 00:20:58,320

is to

571

00:21:03,909 --> 00:21:01,280

graduating from reincarnation

572

00:21:05,430 --> 00:21:03,919

and to achieve this a very high level of

573

00:21:07,270 --> 00:21:05,440

spiritual liberation where the person

574

00:21:08,870 --> 00:21:07,280

doesn't have to reincarnate anymore

575

00:21:10,950 --> 00:21:08,880

unless they want to

576
00:21:13,110 --> 00:21:10,960
and they become sort of you could say a

577
00:21:15,350 --> 00:21:13,120
direct agent of god or a direct

578
00:21:17,430 --> 00:21:15,360
co-worker with god and

579
00:21:19,350 --> 00:21:17,440
it's significant because these

580
00:21:21,510 --> 00:21:19,360
these ancient masters

581
00:21:23,750 --> 00:21:21,520
um like the ancient masters i've spoken

582
00:21:26,230 --> 00:21:23,760
of about planet series

583
00:21:29,029 --> 00:21:26,240
um they work one-on-one with their

584
00:21:30,789 --> 00:21:29,039
students and sort of like teach them all

585
00:21:33,110 --> 00:21:30,799
of the different steps

586
00:21:35,029 --> 00:21:33,120
of unfolding themselves spiritually

587
00:21:36,870 --> 00:21:35,039
and it's a process and it it's a

588
00:21:39,190 --> 00:21:36,880

difficult process

589

00:21:41,510 --> 00:21:39,200

i find it kind of amusing that

590

00:21:43,669 --> 00:21:41,520

people recognize that anything that's

591

00:21:45,350 --> 00:21:43,679

difficult takes a teacher

592

00:21:47,029 --> 00:21:45,360

you know you wouldn't want to say you're

593

00:21:48,549 --> 00:21:47,039

you want to be a brain surgeon but

594

00:21:50,230 --> 00:21:48,559

you're going to learn it on your own i

595

00:21:51,990 --> 00:21:50,240

mean anybody that has any kind of

596

00:21:52,789 --> 00:21:52,000

intelligence would say well maybe i need

597

00:21:55,510 --> 00:21:52,799

some

598

00:21:57,270 --> 00:21:55,520

people to help me learn brain surgery

599

00:21:58,710 --> 00:21:57,280

so you're looking at something as well

600

00:21:59,750 --> 00:21:58,720

it's the most difficult thing anyone

601
00:22:01,909 --> 00:21:59,760
will do

602
00:22:03,830 --> 00:22:01,919
is to reach these higher states

603
00:22:05,669 --> 00:22:03,840
it can be done in a single lifetime but

604
00:22:07,029 --> 00:22:05,679
it's certainly not something that's as

605
00:22:09,590 --> 00:22:07,039
easy as let's say learning to play the

606
00:22:10,950 --> 00:22:09,600
guitar or learning to sing or when you

607
00:22:13,270 --> 00:22:10,960
play playing i can tell you learning to

608
00:22:14,710 --> 00:22:13,280
play guitar took me

609
00:22:15,510 --> 00:22:14,720
maybe

610
00:22:17,510 --> 00:22:15,520
years

611
00:22:18,950 --> 00:22:17,520
exactly let me ask you a question let me

612
00:22:20,870 --> 00:22:18,960
ask you guys a question

613
00:22:23,750 --> 00:22:20,880

i i have

614

00:22:26,390 --> 00:22:23,760

stepped in these arenas quite often in

615

00:22:28,789 --> 00:22:26,400

my life not so much at will and that's

616

00:22:30,630 --> 00:22:28,799

why i'm really passionate in hanging on

617

00:22:33,750 --> 00:22:30,640

every word that you are saying both of

618

00:22:35,590 --> 00:22:33,760

you i remember uh having um i was

619

00:22:37,270 --> 00:22:35,600

conscious i was lucid but i was in a

620

00:22:39,510 --> 00:22:37,280

castle and his castle felt something

621

00:22:42,149 --> 00:22:39,520

like it was it had a dark luminous feel

622

00:22:44,070 --> 00:22:42,159

to it and these two beautiful naked

623

00:22:44,789 --> 00:22:44,080

voluptuous women were trying to seduce

624

00:22:47,270 --> 00:22:44,799

me

625

00:22:49,510 --> 00:22:47,280

and when i scanned them from toe to head

626

00:22:51,270 --> 00:22:49,520

um they had a cat looking face and it

627

00:22:53,190 --> 00:22:51,280

did it didn't feel right

628

00:22:54,470 --> 00:22:53,200

and i started to walk away and they said

629

00:22:55,830 --> 00:22:54,480

where are you going i said i'm going

630

00:22:57,669 --> 00:22:55,840

outside and said you don't want to go in

631

00:23:00,549 --> 00:22:57,679

the sun the sun is going to burn you

632

00:23:02,630 --> 00:23:00,559

said that's exactly why i'm doing it so

633

00:23:04,470 --> 00:23:02,640

so when i walked outside so when i

634

00:23:06,710 --> 00:23:04,480

walked outside i began to feel this

635

00:23:09,990 --> 00:23:06,720

purifying fire it would it burned but it

636

00:23:12,149 --> 00:23:10,000

wasn't painful and i i blacked out i was

637

00:23:14,230 --> 00:23:12,159

i found myself coming to laying on my

638

00:23:16,870 --> 00:23:14,240

back in a metal and when i opened my

639

00:23:18,149 --> 00:23:16,880

eyes in this meadow uh there was a very

640

00:23:19,590 --> 00:23:18,159

tall cross

641

00:23:21,190 --> 00:23:19,600

and i remember

642

00:23:24,950 --> 00:23:21,200

and keep in mind this was in black and

643

00:23:27,110 --> 00:23:24,960

white and probably imply in my past

644

00:23:29,669 --> 00:23:27,120

and i began to do this sit-up type

645

00:23:32,390 --> 00:23:29,679

crunch thing and i yelled out this one

646

00:23:34,230 --> 00:23:32,400

long drone mantra and the word was love

647

00:23:35,510 --> 00:23:34,240

and as i and i did that sit-up crunch

648

00:23:37,669 --> 00:23:35,520

and as i did that

649

00:23:41,350 --> 00:23:37,679

i can hear

650

00:23:42,870 --> 00:23:41,360

everything from my past ever spoken

651
00:23:45,110 --> 00:23:42,880
everything ever heard in one of my ears

652
00:23:47,110 --> 00:23:45,120
just passing by very fastly and in my

653
00:23:49,350 --> 00:23:47,120
third eye i saw images since the

654
00:23:52,070 --> 00:23:49,360
beginning of my life to that point and i

655
00:23:54,310 --> 00:23:52,080
left my body i went through a wormhole

656
00:23:56,950 --> 00:23:54,320
and when i got out of this wormhole i

657
00:23:59,990 --> 00:23:56,960
was in an absolute void

658
00:24:03,350 --> 00:24:00,000
and in this void even though it was dark

659
00:24:05,750 --> 00:24:03,360
i can see because it was my awareness

660
00:24:07,830 --> 00:24:05,760
that was illuminating this void

661
00:24:10,149 --> 00:24:07,840
and i was prompted to look above me and

662
00:24:12,070 --> 00:24:10,159
i did and there was these 12 angels now

663
00:24:13,990 --> 00:24:12,080

i don't know if they were very very tall

664

00:24:15,510 --> 00:24:14,000

and far away or they were average size

665

00:24:17,110 --> 00:24:15,520

and somewhat close but they begin this

666

00:24:18,950 --> 00:24:17,120

maypole dance in this circle kind of

667

00:24:21,110 --> 00:24:18,960

thing and then they switched off and in

668

00:24:22,789 --> 00:24:21,120

their swishing i was pulled into the

669

00:24:23,990 --> 00:24:22,799

current and i brought i was brought

670

00:24:26,789 --> 00:24:24,000

through layer through layer through

671

00:24:28,070 --> 00:24:26,799

layer until i stopped and when i stopped

672

00:24:29,510 --> 00:24:28,080

i knew

673

00:24:31,190 --> 00:24:29,520

and it wasn't keith

674

00:24:33,510 --> 00:24:31,200

imagining or

675

00:24:35,510 --> 00:24:33,520

contriving i knew this was what we call

676
00:24:37,510 --> 00:24:35,520
the godhead

677
00:24:40,470 --> 00:24:37,520
and

678
00:24:42,470 --> 00:24:40,480
the reason i stopped is because i'm the

679
00:24:44,710 --> 00:24:42,480
one that had a thought

680
00:24:46,630 --> 00:24:44,720
my thought is what stopped me it's what

681
00:24:47,510 --> 00:24:46,640
separated me

682
00:24:50,710 --> 00:24:47,520
from

683
00:24:53,350 --> 00:24:50,720
it but anyway they gave me a glimpse and

684
00:24:55,830 --> 00:24:53,360
when the curtain was pulled back oh my

685
00:24:58,230 --> 00:24:55,840
god the only way i could describe it is

686
00:24:59,590 --> 00:24:58,240
kind of like in the matrix two do you

687
00:25:01,350 --> 00:24:59,600
remember when they were in the caverns

688
00:25:02,950 --> 00:25:01,360

and they were doing that tribal dance of

689

00:25:04,789 --> 00:25:02,960

celebratory and

690

00:25:06,870 --> 00:25:04,799

it felt just like that and they said

691

00:25:09,669 --> 00:25:06,880

keith you're welcome to come in here and

692

00:25:12,950 --> 00:25:09,679

in that moment i chose not to because i

693

00:25:15,350 --> 00:25:12,960

wasn't per se afraid of physically dying

694

00:25:17,830 --> 00:25:15,360

i just knew that my identity everything

695

00:25:19,350 --> 00:25:17,840

i thought was right wrong good bad hot

696

00:25:22,070 --> 00:25:19,360

cold that was all just gonna be

697

00:25:24,230 --> 00:25:22,080

shattered and i wasn't quite ready for

698

00:25:25,750 --> 00:25:24,240

that so would you both say that

699

00:25:29,350 --> 00:25:25,760

doing the

700

00:25:31,750 --> 00:25:29,360

exploration that you do not only does it

701
00:25:34,390 --> 00:25:31,760
help alleviate one's identity to the

702
00:25:39,110 --> 00:25:34,400
body and physical death but it also

703
00:25:44,149 --> 00:25:41,029
it actually what you just said is

704
00:25:47,190 --> 00:25:44,159
significant it creates when you when you

705
00:25:49,430 --> 00:25:47,200
shift just out of body travel to actual

706
00:25:51,750 --> 00:25:49,440
soul projection with the masters

707
00:25:55,110 --> 00:25:51,760
you shift to this burning desire to

708
00:25:58,230 --> 00:25:55,120
return to god to we call hurray

709
00:25:59,110 --> 00:25:58,240
um and and this desire

710
00:26:00,950 --> 00:25:59,120
uh

711
00:26:03,990 --> 00:26:00,960
sort of like is like a fire we call it

712
00:26:06,070 --> 00:26:04,000
like the holy fire of god and it and it

713
00:26:09,269 --> 00:26:06,080

creates such a profound and deep feeling

714

00:26:12,390 --> 00:26:09,279

of love for all life and for god

715

00:26:14,950 --> 00:26:12,400

that one feels compelled like a rocket

716

00:26:16,070 --> 00:26:14,960

to work towards

717

00:26:19,269 --> 00:26:16,080

that goal

718

00:26:21,750 --> 00:26:19,279

to study to learn to leave the physical

719

00:26:24,310 --> 00:26:21,760

body it's not necessarily an easy thing

720

00:26:27,029 --> 00:26:24,320

to go through the spiritual tests or

721

00:26:30,230 --> 00:26:27,039

testing that is required

722

00:26:33,669 --> 00:26:30,240

to move to the higher levels and

723

00:26:35,909 --> 00:26:33,679

and yes ultimately it is out of body

724

00:26:38,390 --> 00:26:35,919

travel the whole entire purpose is to

725

00:26:40,630 --> 00:26:38,400

unite with the godhead

726

00:26:41,830 --> 00:26:40,640

directly into the ocean of love and

727

00:26:43,750 --> 00:26:41,840

mercy

728

00:26:45,269 --> 00:26:43,760

which is a world of such great

729

00:26:48,230 --> 00:26:45,279

luminosity

730

00:26:50,789 --> 00:26:48,240

and light and sound that it it is very

731

00:26:52,710 --> 00:26:50,799

profound

732

00:26:55,990 --> 00:26:52,720

when somebody reaches that point they

733

00:26:58,549 --> 00:26:56,000

reach uh what is called god realization

734

00:27:01,510 --> 00:26:58,559

but i have to i have to add that sure

735

00:27:03,510 --> 00:27:01,520

it's not so much

736

00:27:05,269 --> 00:27:03,520

it's deceiving because you're

737

00:27:07,190 --> 00:27:05,279

you're really you never lose your

738

00:27:09,430 --> 00:27:07,200

individuality

739

00:27:12,549 --> 00:27:09,440

right so you beca you become a conscious

740

00:27:13,909 --> 00:27:12,559

co-worker so

741

00:27:16,070 --> 00:27:13,919

it's deceiving because a lot of people

742

00:27:18,149 --> 00:27:16,080

when they hear unite with the godhead

743

00:27:20,630 --> 00:27:18,159

they think in terms of nirvana or they

744

00:27:22,470 --> 00:27:20,640

think in terms of what they call cosmic

745

00:27:24,549 --> 00:27:22,480

consciousness

746

00:27:28,070 --> 00:27:24,559

but this is way way beyond cosmic

747

00:27:30,470 --> 00:27:28,080

consciousness where you become passive

748

00:27:32,390 --> 00:27:30,480

this is this is something where

749

00:27:35,510 --> 00:27:32,400

it's indescribable

750

00:27:38,630 --> 00:27:35,520

but you become this conscious agent

751
00:27:40,549 --> 00:27:38,640
and you you maintain your individuality

752
00:27:42,549 --> 00:27:40,559
and yet you have the realization of god

753
00:27:44,950 --> 00:27:42,559
you see the face of god which of course

754
00:27:45,909 --> 00:27:44,960
is not male or female i use the analogy

755
00:27:49,350 --> 00:27:45,919
often

756
00:27:51,029 --> 00:27:49,360
when i do talks about out of body travel

757
00:27:54,149 --> 00:27:51,039
or not not necessarily autobody travel

758
00:27:56,789 --> 00:27:54,159
but who you really are and we're we can

759
00:27:58,950 --> 00:27:56,799
liken this to looking at the hand our

760
00:28:00,070 --> 00:27:58,960
physical hand we see ourselves as

761
00:28:01,830 --> 00:28:00,080
separate

762
00:28:03,190 --> 00:28:01,840
and we're individual fingers on the hand

763
00:28:04,789 --> 00:28:03,200

and but we see ourselves as separate

764

00:28:06,470 --> 00:28:04,799

because we focus on the empty space in

765

00:28:08,070 --> 00:28:06,480

between the two

766

00:28:11,110 --> 00:28:08,080

but in truth

767

00:28:13,750 --> 00:28:11,120

what we really are is we all each a

768

00:28:17,830 --> 00:28:13,760

knuckle that is connected to the whole

769

00:28:19,269 --> 00:28:17,840

hand which is god in the first place

770

00:28:21,350 --> 00:28:19,279

so basically

771

00:28:22,549 --> 00:28:21,360

we're just an extension of that the

772

00:28:23,990 --> 00:28:22,559

wholeness

773

00:28:25,669 --> 00:28:24,000

and then we get to the i guess it's

774

00:28:28,230 --> 00:28:25,679

called i might be mistaken the divine

775

00:28:30,070 --> 00:28:28,240

ego where we actually have an identity

776
00:28:32,070 --> 00:28:30,080
and we still can maintain our connection

777
00:28:34,470 --> 00:28:32,080
to the source and then we express it

778
00:28:36,070 --> 00:28:34,480
down on the physical plateau yes

779
00:28:38,389 --> 00:28:36,080
oh yes that's a that's a good way to put

780
00:28:41,350 --> 00:28:38,399
i like to i like the analogy of the

781
00:28:43,110 --> 00:28:41,360
water in the ocean oh absolutely

782
00:28:45,750 --> 00:28:43,120
and the that it's really one of the

783
00:28:50,070 --> 00:28:45,760
secrets to the whole thing is surrender

784
00:28:53,510 --> 00:28:52,230
humility is a difficult thing

785
00:28:55,350 --> 00:28:53,520
because

786
00:28:58,070 --> 00:28:55,360
you have to empty your bucket it's sort

787
00:29:00,950 --> 00:28:58,080
of like imagine a five gallon container

788
00:29:03,350 --> 00:29:00,960

or imagine a glass and i come to you and

789

00:29:04,710 --> 00:29:03,360

it's filled with dirty water that's old

790

00:29:07,269 --> 00:29:04,720

and smelly

791

00:29:08,230 --> 00:29:07,279

and i say fill my glass

792

00:29:09,269 --> 00:29:08,240

well

793

00:29:12,389 --> 00:29:09,279

the first thing you're going to say is

794

00:29:14,630 --> 00:29:12,399

we'll dump the old water out because

795

00:29:16,470 --> 00:29:14,640

there's no point in you dumping

796

00:29:17,909 --> 00:29:16,480

fresh clean water into a glass that's

797

00:29:19,990 --> 00:29:17,919

already filled with

798

00:29:22,149 --> 00:29:20,000

dirty water because you're just gonna

799

00:29:24,149 --> 00:29:22,159

dilute the dirty water you're not gonna

800

00:29:28,549 --> 00:29:24,159

you know it's not gonna help me to drink

801
00:29:31,190 --> 00:29:28,559
water that's half dirty and so

802
00:29:33,190 --> 00:29:31,200
until we're willing to be humble

803
00:29:35,990 --> 00:29:33,200
and empty our cup

804
00:29:37,669 --> 00:29:36,000
of what we believe we know what we think

805
00:29:40,310 --> 00:29:37,679
is truth

806
00:29:42,230 --> 00:29:40,320
that until we have that humility we're

807
00:29:43,909 --> 00:29:42,240
always in this position

808
00:29:45,750 --> 00:29:43,919
of the ego

809
00:29:47,269 --> 00:29:45,760
being in conflict

810
00:29:48,710 --> 00:29:47,279
with the vardhan which is the holy

811
00:29:52,470 --> 00:29:48,720
spirit

812
00:29:54,470 --> 00:29:52,480
light

813
00:29:55,430 --> 00:29:54,480

and can be heard as sound the sound

814

00:29:57,830 --> 00:29:55,440

current

815

00:29:58,870 --> 00:29:57,840

or the audible life stream and it's very

816

00:30:00,870 --> 00:29:58,880

important

817

00:30:03,750 --> 00:30:00,880

because there's a wave that issues out

818

00:30:05,830 --> 00:30:03,760

from the godhead or the ocean of mercy

819

00:30:08,070 --> 00:30:05,840

that issues out

820

00:30:10,070 --> 00:30:08,080

and this is a wave that consists of

821

00:30:12,389 --> 00:30:10,080

sound and light

822

00:30:13,430 --> 00:30:12,399

and it creates it sustains and creates

823

00:30:15,269 --> 00:30:13,440

everything

824

00:30:17,430 --> 00:30:15,279

and so we can grab back onto the

825

00:30:19,750 --> 00:30:17,440

returning wave there's a wave that comes

826
00:30:21,269 --> 00:30:19,760
down that sustains and creates

827
00:30:23,590 --> 00:30:21,279
and then there's a returning wave that

828
00:30:26,630 --> 00:30:23,600
returns back to the godhead and we can

829
00:30:28,549 --> 00:30:26,640
grab onto this returning wave

830
00:30:29,909 --> 00:30:28,559
guess what hollywood

831
00:30:32,470 --> 00:30:29,919
i'm here

832
00:30:34,870 --> 00:30:32,480
hollywood's got a new host

833
00:30:37,350 --> 00:30:34,880
and the stars are shining bright on

834
00:30:39,350 --> 00:30:37,360
steam it'd be okay to just come here

835
00:30:42,070 --> 00:30:39,360
every day for that

836
00:30:45,430 --> 00:30:42,080
today premiere week continues with ice

837
00:30:48,389 --> 00:30:45,440
cube plus baseball's rally granny makes

838
00:30:50,710 --> 00:30:48,399

the crowd go wild you've never seen

839

00:30:53,029 --> 00:30:50,720

anything like this before

840

00:30:55,830 --> 00:30:53,039

all new steve

841

00:30:58,389 --> 00:30:55,840

new york weekdays at 2 for nbc 4 new

842

00:30:59,430 --> 00:30:58,399

york and and ride it through the soul

843

00:31:01,110 --> 00:30:59,440

projection

844

00:31:02,950 --> 00:31:01,120

i i think heather wanted you wanted to

845

00:31:05,190 --> 00:31:02,960

see something yeah what it is is the

846

00:31:07,269 --> 00:31:05,200

living barton master the mergotma the

847

00:31:09,909 --> 00:31:07,279

sinner master connects or links the

848

00:31:12,389 --> 00:31:09,919

student with this returning sound wave

849

00:31:13,990 --> 00:31:12,399

that returns to god and there's also

850

00:31:15,669 --> 00:31:14,000

another thing too and

851
00:31:17,110 --> 00:31:15,679
not many people know about this there

852
00:31:19,750 --> 00:31:17,120
are different people that will have

853
00:31:21,590 --> 00:31:19,760
experiences of of they'll say i had an

854
00:31:24,710 --> 00:31:21,600
experience with god or i had an

855
00:31:26,310 --> 00:31:24,720
experience that was in a very high place

856
00:31:27,909 --> 00:31:26,320
but one of the things that a lot of

857
00:31:30,549 --> 00:31:27,919
people don't know about is on these

858
00:31:32,789 --> 00:31:30,559
different planes each spiritual plane

859
00:31:35,590 --> 00:31:32,799
has a sort of transformer or power

860
00:31:38,950 --> 00:31:35,600
matrix that acts as a transformer or

861
00:31:41,990 --> 00:31:38,960
lower or lowered vibration version of of

862
00:31:44,710 --> 00:31:42,000
you could say god like a roller ruler

863
00:31:46,630 --> 00:31:44,720

and then that ruler has so much light

864

00:31:48,870 --> 00:31:46,640

and power and energy that people will

865

00:31:50,310 --> 00:31:48,880

mistake these different rulers for god

866

00:31:52,070 --> 00:31:50,320

because they'll see it and it looks like

867

00:31:54,710 --> 00:31:52,080

a tremendous light and it will have so

868

00:31:57,750 --> 00:31:54,720

much love or so much power to it

869

00:32:00,230 --> 00:31:57,760

and on each of these spiritual planes is

870

00:32:03,509 --> 00:32:00,240

something of that form only at a higher

871

00:32:05,350 --> 00:32:03,519

vibration right with uh more spirit and

872

00:32:08,470 --> 00:32:05,360

less matter the higher you go everything

873

00:32:10,710 --> 00:32:08,480

is about i've learned a lot of this by

874

00:32:12,389 --> 00:32:10,720

i just moved into a house and i went to

875

00:32:14,070 --> 00:32:12,399

the attic to see what was up there so i

876

00:32:16,389 --> 00:32:14,080

can clear it out to put my stuff in it

877

00:32:18,310 --> 00:32:16,399

and i found a box and in this box was a

878

00:32:21,190 --> 00:32:18,320

book by paul twitch called the tigers

879

00:32:23,110 --> 00:32:21,200

thing oh yeah excellent and i i oh my

880

00:32:24,950 --> 00:32:23,120

god i love that book i said i read it

881

00:32:28,230 --> 00:32:24,960

three times consecutively and he

882

00:32:29,990 --> 00:32:28,240

described exactly that on every level

883

00:32:31,750 --> 00:32:30,000

there is someone in the seat that

884

00:32:33,190 --> 00:32:31,760

governs what happens on this dimension

885

00:32:35,269 --> 00:32:33,200

we're at the bottom of the hour center

886

00:32:37,269 --> 00:32:35,279

of light radio my guest today is heather

887

00:32:39,509 --> 00:32:37,279

jamboy and alan feldman would you please

888

00:32:41,350 --> 00:32:39,519

give out your contact information of all

889

00:32:43,110 --> 00:32:41,360

sorts so our listening audits could find

890

00:32:44,310 --> 00:32:43,120

out more about you and your powerful

891

00:32:46,630 --> 00:32:44,320

work uh

892

00:32:51,190 --> 00:32:46,640

helping people to return to source

893

00:32:54,789 --> 00:32:52,710

and i should mention that their

894

00:32:56,950 --> 00:32:54,799

long-lineage of masters and paul

895

00:32:58,149 --> 00:32:56,960

twitchell was actually one of the barton

896

00:32:59,830 --> 00:32:58,159

masters

897

00:33:03,830 --> 00:32:59,840

and prior to him there were other

898

00:33:05,750 --> 00:33:03,840

masters and um out now uh alan allen who

899

00:33:07,750 --> 00:33:05,760

we're speaking to on this call he is

900

00:33:10,470 --> 00:33:07,760

actually the current living pardon

901
00:33:12,230 --> 00:33:10,480
master it's a temporary position yeah

902
00:33:14,710 --> 00:33:12,240
bro just being uh honored with the

903
00:33:16,630 --> 00:33:14,720
accommodation position is validation i

904
00:33:18,870 --> 00:33:16,640
think

905
00:33:20,310 --> 00:33:18,880
that's a wonderful book yeah so let me

906
00:33:21,750 --> 00:33:20,320
let me ask you greatest books ever

907
00:33:23,110 --> 00:33:21,760
written everything you guys are

908
00:33:25,590 --> 00:33:23,120
describing i've experienced from the

909
00:33:27,830 --> 00:33:25,600
higher realms even to the earthly realms

910
00:33:29,750 --> 00:33:27,840
i had a friend of mine some years ago my

911
00:33:31,350 --> 00:33:29,760
spiritual mentor who kind of whispered

912
00:33:33,430 --> 00:33:31,360
some metaphysical things in my ear when

913
00:33:34,870 --> 00:33:33,440

i needed most in my life he put me

914

00:33:37,110 --> 00:33:34,880

what's called through a rebirthing

915

00:33:38,789 --> 00:33:37,120

session where you breathe like mad

916

00:33:41,909 --> 00:33:38,799

and then you do this for an hour or

917

00:33:43,669 --> 00:33:41,919

however long it takes and i find myself

918

00:33:45,990 --> 00:33:43,679

vibrating oh god like i'm plugged into a

919

00:33:47,830 --> 00:33:46,000

generator and i black out for like 30

920

00:33:49,190 --> 00:33:47,840

seconds and then i come back and i

921

00:33:50,710 --> 00:33:49,200

didn't have any experience whatsoever

922

00:33:52,470 --> 00:33:50,720

and i assumed that i just fell asleep

923

00:33:54,310 --> 00:33:52,480

for 30 seconds and i woke up

924

00:33:55,590 --> 00:33:54,320

the next day i go to a nightclub where i

925

00:33:59,509 --> 00:33:55,600

was playing music and a friend of mine

926

00:34:01,990 --> 00:33:59,519

walks in and it all comes back

927

00:34:04,710 --> 00:34:02,000

i was in her car

928

00:34:06,149 --> 00:34:04,720

looking down on an event her wiping her

929

00:34:08,790 --> 00:34:06,159

seat with a white towel i was at the

930

00:34:09,909 --> 00:34:08,800

dome like consciously and i called her

931

00:34:10,950 --> 00:34:09,919

over to me and i explained to her i was

932

00:34:12,310 --> 00:34:10,960

in your car last night she goes keith

933

00:34:13,510 --> 00:34:12,320

you were in my car last night she goes i

934

00:34:15,909 --> 00:34:13,520

was with my boyfriend i said when i was

935

00:34:17,270 --> 00:34:15,919

in your car last night she said how so

936

00:34:18,790 --> 00:34:17,280

and she said this is one of those weird

937

00:34:21,109 --> 00:34:18,800

spiritual things i said please play this

938

00:34:22,710 --> 00:34:21,119

up with me it's important she said okay

939

00:34:24,149 --> 00:34:22,720

i said i saw you wiping your seat with a

940

00:34:25,589 --> 00:34:24,159

piece of white material and i named what

941

00:34:27,349 --> 00:34:25,599

she was wearing and all these different

942

00:34:29,750 --> 00:34:27,359

things and of course her face is

943

00:34:31,669 --> 00:34:29,760

starting to drop

944

00:34:32,950 --> 00:34:31,679

and tammy is the person everywhere tammy

945

00:34:35,430 --> 00:34:32,960

goes she drives she's never the

946

00:34:37,349 --> 00:34:35,440

passenger but also how often are you the

947

00:34:39,190 --> 00:34:37,359

passenger in your own car

948

00:34:41,510 --> 00:34:39,200

it just so happens that day at five

949

00:34:44,470 --> 00:34:41,520

o'clock when i had this experience

950

00:34:46,869 --> 00:34:44,480

she left the window open in her car that

951

00:34:49,030 --> 00:34:46,879

night before it rained she said keith

952

00:34:51,430 --> 00:34:49,040

the white towel still in my back seat he

953

00:34:53,270 --> 00:34:51,440

was the one driving my car and yes i was

954

00:34:56,389 --> 00:34:53,280

wearing these clothes

955

00:34:59,430 --> 00:34:56,399

and that solidified something in me it i

956

00:35:02,870 --> 00:34:59,440

had another layer of freedom via that

957

00:35:05,829 --> 00:35:02,880

experience many years ago in my life

958

00:35:08,310 --> 00:35:05,839

yeah these these experiences um

959

00:35:10,550 --> 00:35:08,320

can be very dear to us what we find

960

00:35:12,950 --> 00:35:10,560

eventually is we learn

961

00:35:14,630 --> 00:35:12,960

to die daily

962

00:35:16,870 --> 00:35:14,640

and it's not that we're dying you know

963

00:35:18,630 --> 00:35:16,880

it's not that we're dying literally in

964

00:35:20,630 --> 00:35:18,640

the sense that you know our physical our

965

00:35:22,950 --> 00:35:20,640

heart stops or anything like that

966

00:35:25,270 --> 00:35:22,960

but we're dying in consciousness in

967

00:35:27,670 --> 00:35:25,280

going into these other states

968

00:35:29,349 --> 00:35:27,680

and then we return to the body because

969

00:35:30,790 --> 00:35:29,359

all this frankly all this exists

970

00:35:32,630 --> 00:35:30,800

simultaneously

971

00:35:33,589 --> 00:35:32,640

right and i'm sure you figured that out

972

00:35:35,670 --> 00:35:33,599

yeah

973

00:35:37,030 --> 00:35:35,680

that this is all simultaneous what it

974

00:35:38,870 --> 00:35:37,040

gets a little confusing because i'll say

975

00:35:41,510 --> 00:35:38,880

when you go here you go there he's like

976

00:35:43,190 --> 00:35:41,520

well if i go there then aren't i i'm not

977

00:35:45,190 --> 00:35:43,200

here anymore like

978

00:35:47,270 --> 00:35:45,200

doesn't my heart stop or is there danger

979

00:35:50,150 --> 00:35:47,280

that i'm leaving my body now you know

980

00:35:51,829 --> 00:35:50,160

who's going to watch my body you know

981

00:35:53,510 --> 00:35:51,839

yeah and i've heard all those stories

982

00:35:56,550 --> 00:35:53,520

and those myths yeah

983

00:35:57,589 --> 00:35:56,560

yeah yeah and then people lost it

984

00:36:00,150 --> 00:35:57,599

sorry oh

985

00:36:00,950 --> 00:36:00,160

um part of the process is that

986

00:36:02,710 --> 00:36:00,960

um

987

00:36:04,870 --> 00:36:02,720

the varden masters when they work with

988

00:36:06,710 --> 00:36:04,880

students in a spiritual apprenticeship

989

00:36:09,589 --> 00:36:06,720

they bring them through a series of

990

00:36:12,390 --> 00:36:09,599

different kinds of spiritual experiences

991

00:36:15,030 --> 00:36:12,400

that happen progressively at higher

992

00:36:17,190 --> 00:36:15,040

at a higher level of spiritual planes so

993

00:36:19,829 --> 00:36:17,200

when someone is first starting they

994

00:36:21,829 --> 00:36:19,839

might begin by visiting the astral plane

995

00:36:23,829 --> 00:36:21,839

of course under protection because i i

996

00:36:25,030 --> 00:36:23,839

wouldn't advise that out of body travel

997

00:36:27,030 --> 00:36:25,040

unless you're

998

00:36:29,270 --> 00:36:27,040

studying with somebody who's a true

999

00:36:30,950 --> 00:36:29,280

truly god realized and truly it knows

1000

00:36:32,150 --> 00:36:30,960

how to protect you

1001

00:36:33,990 --> 00:36:32,160

um

1002

00:36:35,990 --> 00:36:34,000

and they might start by visiting the

1003

00:36:37,750 --> 00:36:36,000

astral plane and there's a temple of

1004

00:36:40,470 --> 00:36:37,760

golden wisdom that different pardon

1005

00:36:42,390 --> 00:36:40,480

students will visit on the astral plane

1006

00:36:44,069 --> 00:36:42,400

then when they advance oh mention the

1007

00:36:46,630 --> 00:36:44,079

name please

1008

00:36:48,230 --> 00:36:46,640

oh i'm sorry

1009

00:36:50,710 --> 00:36:48,240

yeah yeah the names of the different

1010

00:36:53,030 --> 00:36:50,720

spiritual planes like for example on the

1011

00:36:54,790 --> 00:36:53,040

astral plane there is a temple called

1012

00:36:58,150 --> 00:36:54,800

ascliposis

1013

00:36:59,829 --> 00:36:58,160

and and the master there is gopaldas he

1014

00:37:01,430 --> 00:36:59,839

was the master during ancient egypt and

1015

00:37:03,589 --> 00:37:01,440

you can see some beautiful drawings of

1016

00:37:05,829 --> 00:37:03,599

these masters if you go to the

1017

00:37:08,310 --> 00:37:05,839

vardankar website and then above the

1018

00:37:10,630 --> 00:37:08,320

astral plane when students advance and

1019

00:37:12,710 --> 00:37:10,640

have more out-of-body experiences there

1020

00:37:14,950 --> 00:37:12,720

eventually they graduate the astral

1021

00:37:17,349 --> 00:37:14,960

plane to the causal plane which is the

1022

00:37:18,870 --> 00:37:17,359

plane of the akashic records the plane

1023

00:37:21,030 --> 00:37:18,880

of memory where you start to have

1024

00:37:23,589 --> 00:37:21,040

flashes of past lives

1025

00:37:26,630 --> 00:37:23,599

and they study at the sachapori golden

1026

00:37:27,829 --> 00:37:26,640

wisdom temple with a master named shamus

1027

00:37:29,670 --> 00:37:27,839

de breeze

1028

00:37:31,670 --> 00:37:29,680

and then above that

1029

00:37:33,829 --> 00:37:31,680

i forgot to say colors like the causal

1030

00:37:36,069 --> 00:37:33,839

plane has a golden orange light

1031

00:37:38,069 --> 00:37:36,079

and then about that is the mental plane

1032

00:37:40,470 --> 00:37:38,079

there are some people that do um instead

1033

00:37:43,270 --> 00:37:40,480

of so uh astral travel they do mind

1034

00:37:45,510 --> 00:37:43,280

travel but we use the soul body

1035

00:37:48,630 --> 00:37:45,520

and there uh students will visit a

1036

00:37:50,310 --> 00:37:48,640

temple of golden wisdom called nam yatan

1037

00:37:51,910 --> 00:37:50,320

and then above that is etheric plane now

1038

00:37:54,710 --> 00:37:51,920

all of these planes are sort of in the

1039

00:37:57,829 --> 00:37:54,720

lower worlds they the higher you go the

1040

00:37:59,750 --> 00:37:57,839

incredible the more incredible and

1041

00:38:01,270 --> 00:37:59,760

brilliant the light and the more high

1042

00:38:04,150 --> 00:38:01,280

vibration it is

1043

00:38:06,230 --> 00:38:04,160

in fact each plane feels so high that it

1044

00:38:07,910 --> 00:38:06,240

feels like you've reached the ultimate

1045

00:38:08,950 --> 00:38:07,920

when in fact it's still in the worlds of

1046

00:38:11,670 --> 00:38:08,960

reincarnation

1047

00:38:14,710 --> 00:38:11,680

[Music]

1048

00:38:17,670 --> 00:38:14,720

when you both when you're out there in

1049

00:38:21,270 --> 00:38:19,589

when you're inside of yourself and

1050

00:38:23,430 --> 00:38:21,280

you're treading over these different

1051
00:38:25,829 --> 00:38:23,440
dimensions i'm going to assume something

1052
00:38:27,270 --> 00:38:25,839
i'm going to assume that

1053
00:38:30,390 --> 00:38:27,280
there's an

1054
00:38:31,829 --> 00:38:30,400
automatic knowing that happens between

1055
00:38:33,990 --> 00:38:31,839
these different planes when you came

1056
00:38:35,910 --> 00:38:34,000
from one and you went to the other let's

1057
00:38:37,910 --> 00:38:35,920
say you you guys hit a new plane and

1058
00:38:38,950 --> 00:38:37,920
that you've never been to before or near

1059
00:38:41,109 --> 00:38:38,960
experience

1060
00:38:43,589 --> 00:38:41,119
immediately i would think that there's a

1061
00:38:45,510 --> 00:38:43,599
knowing that begins to happen of what's

1062
00:38:47,750 --> 00:38:45,520
happening here what this is where you

1063
00:38:49,670 --> 00:38:47,760

are who's the head of it i mean is there

1064

00:38:52,150 --> 00:38:49,680

a knowing that is encrypted with each

1065

00:38:55,750 --> 00:38:52,160

place you go to

1066

00:39:00,470 --> 00:38:58,550

because knowing this when when when a

1067

00:39:02,069 --> 00:39:00,480

person is like for instance they're in

1068

00:39:05,270 --> 00:39:02,079

the causal plane

1069

00:39:07,430 --> 00:39:05,280

they have this intuition that is so

1070

00:39:09,349 --> 00:39:07,440

close to the soul plane that it feels

1071

00:39:10,870 --> 00:39:09,359

like a knowingness where

1072

00:39:13,349 --> 00:39:10,880

you're in touch with soul but knowing

1073

00:39:16,150 --> 00:39:13,359

this is the faculty of soul which is

1074

00:39:18,470 --> 00:39:16,160

your pure true self a spark of god that

1075

00:39:20,870 --> 00:39:18,480

has no lower bodies no astral body no

1076

00:39:23,030 --> 00:39:20,880

physical body no mental body it's just

1077

00:39:24,230 --> 00:39:23,040

pure soul and when knowing this you

1078

00:39:26,310 --> 00:39:24,240

don't even have to think about it you

1079

00:39:27,750 --> 00:39:26,320

just know something a spirit it's just

1080

00:39:30,390 --> 00:39:27,760

natural to you

1081

00:39:31,910 --> 00:39:30,400

and knowing this comes from these you

1082

00:39:33,990 --> 00:39:31,920

know true knowingness comes from the

1083

00:39:35,670 --> 00:39:34,000

soul plane and above and so when a

1084

00:39:37,750 --> 00:39:35,680

person actually goes beyond the lower

1085

00:39:40,150 --> 00:39:37,760

worlds i just described into the god

1086

00:39:42,790 --> 00:39:40,160

worlds which are the worlds of

1087

00:39:43,910 --> 00:39:42,800

total awareness and pure freedom where

1088

00:39:45,430 --> 00:39:43,920

you are

1089

00:39:47,589 --> 00:39:45,440

omnipresent

1090

00:39:49,670 --> 00:39:47,599

on those worlds you have knowingness you

1091

00:39:51,829 --> 00:39:49,680

have beingness and you have seeingness

1092

00:39:53,430 --> 00:39:51,839

in other words you're

1093

00:39:55,510 --> 00:39:53,440

you're totally aware

1094

00:39:57,349 --> 00:39:55,520

and that knowingness when you listen to

1095

00:39:58,710 --> 00:39:57,359

the knowingness instead of your mind and

1096

00:40:00,550 --> 00:39:58,720

your beliefs

1097

00:40:03,109 --> 00:40:00,560

the knowingness will show you how to

1098

00:40:04,390 --> 00:40:03,119

take the steps you need to take to move

1099

00:40:06,710 --> 00:40:04,400

towards god

1100

00:40:09,430 --> 00:40:06,720

instead of more reincarnations i would

1101

00:40:12,310 --> 00:40:09,440

now if you'd like go ahead go ahead

1102

00:40:13,990 --> 00:40:12,320

oh another exercise you just read my

1103

00:40:15,829 --> 00:40:14,000

mind

1104

00:40:16,950 --> 00:40:15,839

whenever you're ready you just read my

1105

00:40:19,270 --> 00:40:16,960

mind that's what i was getting the first

1106

00:40:21,510 --> 00:40:19,280

one was more of a beginner's exercise

1107

00:40:25,910 --> 00:40:21,520

just to get put your big toe in the

1108

00:40:29,030 --> 00:40:27,910

so yeah just let's just keith just let

1109

00:40:31,030 --> 00:40:29,040

you know

1110

00:40:32,550 --> 00:40:31,040

whenever you're ready oh yeah i'm

1111

00:40:34,710 --> 00:40:32,560

definitely ready and then i would like

1112

00:40:36,390 --> 00:40:34,720

to move on if you guys would uh we could

1113

00:40:38,710 --> 00:40:36,400

talk maybe a little bit about your past

1114

00:40:41,349 --> 00:40:38,720

life experience on series

1115

00:40:43,430 --> 00:40:41,359

absolutely so yeah i'm ready for this

1116

00:40:45,109 --> 00:40:43,440

this exercise yeah for sure okay it

1117

00:40:46,390 --> 00:40:45,119

would be really helpful if your

1118

00:40:49,190 --> 00:40:46,400

listeners

1119

00:40:51,910 --> 00:40:49,200

had the god loves chart in front of them

1120

00:40:53,349 --> 00:40:51,920

if i don't know not everybody's on the

1121

00:40:55,510 --> 00:40:53,359

can can surf the net while they're

1122

00:40:59,870 --> 00:40:55,520

listening to your program but if they

1123

00:41:05,670 --> 00:41:02,870

v-a-r-d-a-n-k-a-r dot com

1124

00:41:07,510 --> 00:41:05,680

and they'll see a chart

1125

00:41:09,349 --> 00:41:07,520

on page one there's another one there's

1126
00:41:11,190 --> 00:41:09,359
a more complicated one but that should

1127
00:41:13,670 --> 00:41:11,200
be sufficient

1128
00:41:15,990 --> 00:41:13,680
and it says the the god heavens worlds

1129
00:41:18,069 --> 00:41:16,000
of ardencar

1130
00:41:19,670 --> 00:41:18,079
so i don't know if they found that yet

1131
00:41:21,270 --> 00:41:19,680
but that this will be helpful but anyway

1132
00:41:23,750 --> 00:41:21,280
you find that chart you can print it if

1133
00:41:26,870 --> 00:41:25,030
and what we're going to do is we're

1134
00:41:28,390 --> 00:41:26,880
going to chant

1135
00:41:29,910 --> 00:41:28,400
um

1136
00:41:33,190 --> 00:41:29,920
we're going to chant the word hugh which

1137
00:41:35,030 --> 00:41:33,200
is an ancient name for god

1138
00:41:36,230 --> 00:41:35,040

uh i'll i'll just should i just walk us

1139

00:41:37,829 --> 00:41:36,240

through the exercise a little more

1140

00:41:38,710 --> 00:41:37,839

comfortably yeah just walk through so

1141

00:41:39,910 --> 00:41:38,720

what we're gonna do is we're gonna

1142

00:41:42,710 --> 00:41:39,920

change you and then we're gonna chant

1143

00:41:44,470 --> 00:41:42,720

the names the sounds with the words for

1144

00:41:48,309 --> 00:41:44,480

these different planes

1145

00:41:50,550 --> 00:41:48,319

and we'll just move up

1146

00:41:52,710 --> 00:41:50,560

in vibration

1147

00:41:54,230 --> 00:41:52,720

so it's a it's it's a simple exercise

1148

00:41:56,390 --> 00:41:54,240

but it's a little this is much more

1149

00:41:58,069 --> 00:41:56,400

advanced but it doesn't you don't really

1150

00:41:59,030 --> 00:41:58,079

have to know what to expect in order to

1151
00:42:00,829 --> 00:41:59,040
do it

1152
00:42:03,910 --> 00:42:00,839
because you're tuning into the

1153
00:42:05,589 --> 00:42:03,920
sound so you don't have to have an idea

1154
00:42:07,349 --> 00:42:05,599
what you're doing it's sort of

1155
00:42:10,630 --> 00:42:07,359
you just simply follow directions it's

1156
00:42:11,990 --> 00:42:10,640
like making a souffle just do it do what

1157
00:42:13,910 --> 00:42:12,000
the existence

1158
00:42:15,990 --> 00:42:13,920
of play right you don't have to know

1159
00:42:17,670 --> 00:42:16,000
what eggs are you

1160
00:42:20,309 --> 00:42:17,680
so um okay so

1161
00:42:22,950 --> 00:42:20,319
first thing we do is we sit down

1162
00:42:25,670 --> 00:42:22,960
if you can't sit down you can lie in a

1163
00:42:28,870 --> 00:42:25,680

bed you know it's better to sit but

1164

00:42:30,870 --> 00:42:28,880

you know back straight if possible

1165

00:42:32,790 --> 00:42:30,880

relax

1166

00:42:35,750 --> 00:42:32,800

and take

1167

00:42:37,190 --> 00:42:35,760

six deep breaths

1168

00:42:41,510 --> 00:42:37,200

preferably do this in a quiet

1169

00:42:44,870 --> 00:42:43,109

and the first thing we're going to do is

1170

00:42:48,470 --> 00:42:44,880

we're going to chant

1171

00:42:51,030 --> 00:42:48,480

hue like we did before hu

1172

00:42:52,150 --> 00:42:51,040

just for a little while

1173

00:42:54,630 --> 00:42:52,160

and then we're going to pause and we're

1174

00:42:56,630 --> 00:42:54,640

going to go on to the next plane

1175

00:42:58,470 --> 00:42:56,640

so we're going to basically chant hue

1176

00:43:01,270 --> 00:42:58,480

and then we're going to go to

1177

00:43:04,470 --> 00:43:01,280

alaih which is the physical sound

1178

00:43:07,030 --> 00:43:04,480

and then kala which is the astral sound

1179

00:43:08,790 --> 00:43:07,040

and then we're going to chant mana

1180

00:43:11,190 --> 00:43:08,800

which is the causal

1181

00:43:12,550 --> 00:43:11,200

and then we're going to chant om

1182

00:43:14,230 --> 00:43:12,560

which a lot of people are familiar with

1183

00:43:16,870 --> 00:43:14,240

that's the mental

1184

00:43:18,870 --> 00:43:16,880

and then we're going to chant baju

1185

00:43:21,829 --> 00:43:18,880

which is the etheric

1186

00:43:22,790 --> 00:43:21,839

and then we're going to chant hurray

1187

00:43:24,630 --> 00:43:22,800

which is

1188

00:43:27,109 --> 00:43:24,640

each letter individually and that's the

1189

00:43:30,150 --> 00:43:27,119

soul plane and then we're gonna chant

1190

00:43:31,990 --> 00:43:30,160

shanti which is the sixth plane

1191

00:43:34,470 --> 00:43:32,000

so that should be that should be enough

1192

00:43:36,309 --> 00:43:34,480

to get your feet wet for sure

1193

00:43:37,670 --> 00:43:36,319

so here we go i hope this isn't too long

1194

00:43:38,829 --> 00:43:37,680

an exercise

1195

00:43:40,390 --> 00:43:38,839

but we'll try to make we'll make it

1196

00:43:43,109 --> 00:43:40,400

brief

1197

00:43:55,910 --> 00:43:43,119

if that's okay i don't wanna

1198

00:44:20,790 --> 00:43:57,750

h

1199

00:44:20,800 --> 00:44:32,710

e

1200

00:44:32,720 --> 00:44:45,670

oh

1201
00:45:01,670 --> 00:44:47,970
my

1202
00:45:14,710 --> 00:45:01,680
[Music]

1203
00:45:14,720 --> 00:45:21,240
this is the etheric it's the high mental

1204
00:45:24,430 --> 00:45:22,710
[Music]

1205
00:45:29,750 --> 00:45:24,440
buzz

1206
00:45:33,589 --> 00:45:31,109
now we're going to move to the soul

1207
00:45:35,109 --> 00:45:33,599
plane

1208
00:45:37,270 --> 00:45:35,119
h

1209
00:45:39,270 --> 00:45:37,280
u

1210
00:45:41,430 --> 00:45:39,280
are

1211
00:45:52,820 --> 00:45:41,440
a

1212
00:45:54,950 --> 00:45:52,830
you

1213
00:45:58,069 --> 00:45:54,960

[Music]

1214

00:46:23,150 --> 00:46:01,030

a

1215

00:46:23,160 --> 00:46:26,630

[Music]

1216

00:46:26,640 --> 00:46:38,150

shunting

1217

00:47:05,430 --> 00:46:39,860

you

1218

00:47:10,309 --> 00:47:07,430

so that was sort of a speeded-up version

1219

00:47:13,589 --> 00:47:10,319

of it obviously do it longer

1220

00:47:16,630 --> 00:47:13,599

so what is a person to expect or not

1221

00:47:18,630 --> 00:47:16,640

expect to have happen uh i'm sure this

1222

00:47:20,470 --> 00:47:18,640

is like any sort of muscle

1223

00:47:22,710 --> 00:47:20,480

spiritual muscle that it takes time and

1224

00:47:24,550 --> 00:47:22,720

practice to begin to exercise this

1225

00:47:26,950 --> 00:47:24,560

aspect of ourselves for it to expand

1226

00:47:28,950 --> 00:47:26,960

would that be true

1227

00:47:30,550 --> 00:47:28,960

in general however

1228

00:47:32,630 --> 00:47:30,560

anything can happen

1229

00:47:35,670 --> 00:47:32,640

what you're doing is you're learning how

1230

00:47:39,270 --> 00:47:35,680

to place your awareness and attention

1231

00:47:40,950 --> 00:47:39,280

um in a particular place or a vibration

1232

00:47:43,670 --> 00:47:40,960

and when you place your attention there

1233

00:47:46,150 --> 00:47:43,680

for instance if a word resonates with

1234

00:47:48,309 --> 00:47:46,160

that vibration or that plane and you're

1235

00:47:50,150 --> 00:47:48,319

chanting it some people will begin doing

1236

00:47:53,270 --> 00:47:50,160

this and then they will start to become

1237

00:47:54,950 --> 00:47:53,280

conscious of that particular plane they

1238

00:47:57,829 --> 00:47:54,960

might begin to see a certain color of

1239

00:47:59,349 --> 00:47:57,839

light or hear a particular type of sound

1240

00:48:01,510 --> 00:47:59,359

or they might actually

1241

00:48:02,309 --> 00:48:01,520

you know experience seeing

1242

00:48:05,190 --> 00:48:02,319

um

1243

00:48:06,390 --> 00:48:05,200

you know this heavenly world and certain

1244

00:48:07,910 --> 00:48:06,400

things like they might if they're on the

1245

00:48:10,230 --> 00:48:07,920

astral plane they might suddenly see the

1246

00:48:12,309 --> 00:48:10,240

astral museum or whatever it is that

1247

00:48:13,750 --> 00:48:12,319

comes to them but by learning to place

1248

00:48:15,349 --> 00:48:13,760

our attention

1249

00:48:17,030 --> 00:48:15,359

there we're learning to consciously

1250

00:48:19,910 --> 00:48:17,040

travel there and it's a process of

1251
00:48:21,910 --> 00:48:19,920
unfoldment and these these mantras

1252
00:48:24,069 --> 00:48:21,920
calling out these different names these

1253
00:48:26,549 --> 00:48:24,079
are basically like golden keys unlocking

1254
00:48:28,549 --> 00:48:26,559
golden doors right exactly exactly i

1255
00:48:30,630 --> 00:48:28,559
love it love it love it years ago i had

1256
00:48:32,470 --> 00:48:30,640
an experience i was out and about in and

1257
00:48:35,430 --> 00:48:32,480
about and when it came to a state of

1258
00:48:37,109 --> 00:48:35,440
awareness this angel had me in her arms

1259
00:48:39,270 --> 00:48:37,119
her him it

1260
00:48:42,069 --> 00:48:39,280
flying down this street and everything

1261
00:48:43,510 --> 00:48:42,079
was consumed by this purple fire and i

1262
00:48:45,349 --> 00:48:43,520
knew wasn't a destructive fire and he

1263
00:48:47,829 --> 00:48:45,359

was a divine fire all the buildings were

1264

00:48:50,230 --> 00:48:47,839

firing ahead of us and i look over me to

1265

00:48:52,150 --> 00:48:50,240

see who's carrying me flying with me or

1266

00:48:53,829 --> 00:48:52,160

flying me and it was an angel and i had

1267

00:48:55,430 --> 00:48:53,839

the prince valiant type look i'm sure

1268

00:48:57,430 --> 00:48:55,440

this is something my mind concocted to

1269

00:48:59,349 --> 00:48:57,440

help me understand what was happening

1270

00:49:00,790 --> 00:48:59,359

but he kind of nods for me to look in

1271

00:49:03,190 --> 00:49:00,800

front of where we're going and there's

1272

00:49:04,950 --> 00:49:03,200

this huge uh

1273

00:49:07,750 --> 00:49:04,960

tree bigger than any tree i've ever seen

1274

00:49:08,790 --> 00:49:07,760

in my life and it's full of this purple

1275

00:49:11,349 --> 00:49:08,800

fire

1276
00:49:13,109 --> 00:49:11,359
and he basically smiles and sends me a

1277
00:49:15,430 --> 00:49:13,119
message we're about to fly into this

1278
00:49:18,230 --> 00:49:15,440
thing keep and so we flew into this jury

1279
00:49:19,829 --> 00:49:18,240
and i find myself in a high-rise

1280
00:49:21,430 --> 00:49:19,839
building

1281
00:49:23,670 --> 00:49:21,440
multiple times higher than the most

1282
00:49:27,430 --> 00:49:23,680
highest building on earth and we on the

1283
00:49:28,549 --> 00:49:27,440
top floor and all the walls in this

1284
00:49:30,390 --> 00:49:28,559
penthouse

1285
00:49:31,349 --> 00:49:30,400
were made of glass and you can see

1286
00:49:32,950 --> 00:49:31,359
everywhere you can even see the

1287
00:49:34,470 --> 00:49:32,960
curvature of the earth

1288
00:49:36,950 --> 00:49:34,480

and i'm so

1289

00:49:39,430 --> 00:49:36,960

giddy because i can float and play in

1290

00:49:41,109 --> 00:49:39,440

the ceiling into the material walls as i

1291

00:49:43,190 --> 00:49:41,119

begin to ascend into the ceiling the

1292

00:49:44,870 --> 00:49:43,200

angel pulls me down by grabbing my leg

1293

00:49:47,430 --> 00:49:44,880

and sits me in on the soap and pats on

1294

00:49:48,790 --> 00:49:47,440

the sofa here you go keith sit here and

1295

00:49:50,549 --> 00:49:48,800

the phone rings

1296

00:49:51,910 --> 00:49:50,559

and he looks to me and he says aren't

1297

00:49:53,670 --> 00:49:51,920

you going to answer i said what do you

1298

00:49:54,390 --> 00:49:53,680

mean answers keith you actually live

1299

00:49:56,230 --> 00:49:54,400

here

1300

00:49:59,190 --> 00:49:56,240

so this was a multi-dimensional

1301
00:50:00,790 --> 00:49:59,200
experience of another life of mine so i

1302
00:50:04,309 --> 00:50:00,800
wanted you guys to talk a little bit if

1303
00:50:06,950 --> 00:50:04,319
you can we have about let's see

1304
00:50:08,870 --> 00:50:06,960
10 minutes nine minutes oh tell me about

1305
00:50:11,109 --> 00:50:08,880
your experience uh

1306
00:50:12,790 --> 00:50:11,119
in your other life with the

1307
00:50:13,910 --> 00:50:12,800
and alan you're ooh was that something

1308
00:50:15,990 --> 00:50:13,920
that i triggered on you that you wanted

1309
00:50:17,910 --> 00:50:16,000
to say at the moment

1310
00:50:19,349 --> 00:50:17,920
oh no no not at all that size is just

1311
00:50:21,270 --> 00:50:19,359
something you can try at home if you

1312
00:50:23,190 --> 00:50:21,280
want oh by all means by all means we'll

1313
00:50:24,470 --> 00:50:23,200

get surprised that 10 minutes is left

1314

00:50:25,349 --> 00:50:24,480

wow

1315

00:50:27,190 --> 00:50:25,359

right

1316

00:50:28,710 --> 00:50:27,200

time's an illusion and i'm believe it or

1317

00:50:31,349 --> 00:50:28,720

not

1318

00:50:32,630 --> 00:50:31,359

you want to talk about the series

1319

00:50:34,309 --> 00:50:32,640

um

1320

00:50:36,230 --> 00:50:34,319

basically what happened was when we were

1321

00:50:39,750 --> 00:50:36,240

writing our book um and we reached the

1322

00:50:42,549 --> 00:50:39,760

third chapter we both had this profound

1323

00:50:44,470 --> 00:50:42,559

flash of of seeing what are called the

1324

00:50:46,630 --> 00:50:44,480

soul records which is the heaven of

1325

00:50:48,309 --> 00:50:46,640

self-realization the soul records are

1326

00:50:51,190 --> 00:50:48,319

completely different than the akashic

1327

00:50:52,470 --> 00:50:51,200

records and they're much more complete

1328

00:50:55,430 --> 00:50:52,480

and so

1329

00:50:58,390 --> 00:50:55,440

we saw ourselves in this lifetime um in

1330

00:50:59,670 --> 00:50:58,400

that particular life uh on planet series

1331

00:51:01,430 --> 00:50:59,680

allen was

1332

00:51:03,829 --> 00:51:01,440

800 years old

1333

00:51:06,950 --> 00:51:03,839

which on series uh they have completely

1334

00:51:07,960 --> 00:51:06,960

different lifespans so 800 is 800 is

1335

00:51:09,589 --> 00:51:07,970

like a 24 year old

1336

00:51:12,470 --> 00:51:09,599

[Laughter]

1337

00:51:14,630 --> 00:51:12,480

and in that particular lifetime i was

1338

00:51:16,950 --> 00:51:14,640

like about 4

1339

00:51:18,950 --> 00:51:16,960

800 years old which would be someone in

1340

00:51:21,589 --> 00:51:18,960

their 60s

1341

00:51:23,190 --> 00:51:21,599

and we were both practicing the same

1342

00:51:25,349 --> 00:51:23,200

exact thing that we're practicing now it

1343

00:51:26,710 --> 00:51:25,359

was bardenkar except it had a different

1344

00:51:29,430 --> 00:51:26,720

name back then

1345

00:51:31,589 --> 00:51:29,440

um but the purpose of it was

1346

00:51:33,750 --> 00:51:31,599

we studied with a in this particular

1347

00:51:36,870 --> 00:51:33,760

lifetime on this planet series it's a

1348

00:51:38,950 --> 00:51:36,880

planet that has two luminous suns and it

1349

00:51:42,069 --> 00:51:38,960

was a golden age so you know much more

1350

00:51:43,990 --> 00:51:42,079

positive and so we wouldn't have these

1351
00:51:45,829 --> 00:51:44,000
meetings i forgot to mention the most

1352
00:51:52,710 --> 00:51:45,839
important thing oh yes yes but you were

1353
00:51:56,790 --> 00:51:54,950
and and the purpose was to teach the

1354
00:51:58,230 --> 00:51:56,800
students to become masters themselves

1355
00:52:00,390 --> 00:51:58,240
that they could reach this state called

1356
00:52:02,150 --> 00:52:00,400
jaiban mokti which means graduating from

1357
00:52:03,990 --> 00:52:02,160
reincarnation

1358
00:52:05,510 --> 00:52:04,000
yeah so they could graduate from

1359
00:52:07,990 --> 00:52:05,520
reincarnation

1360
00:52:09,990 --> 00:52:08,000
and the wheel of the 84 by learning this

1361
00:52:12,230 --> 00:52:10,000
form of soul projection why is it called

1362
00:52:14,950 --> 00:52:12,240
the wheel of 84 what is the significance

1363
00:52:16,829 --> 00:52:14,960

of eight and four is it because

1364

00:52:17,910 --> 00:52:16,839

it's 12 and it's on four

1365

00:52:19,750 --> 00:52:17,920

numbers right

1366

00:52:22,549 --> 00:52:19,760

um this might seem a little overwhelming

1367

00:52:24,630 --> 00:52:22,559

or even scary but the 84 implies eight

1368

00:52:25,670 --> 00:52:24,640

million four hundred uh four hundred

1369

00:52:26,950 --> 00:52:25,680

thousand

1370

00:52:28,870 --> 00:52:26,960

uh

1371

00:52:32,150 --> 00:52:28,880

lives i believe that reincarnations

1372

00:52:33,510 --> 00:52:32,160

there there are years a year

1373

00:52:35,990 --> 00:52:33,520

you go through all the signs of the

1374

00:52:38,069 --> 00:52:36,000

zodiac one one of the things we teach is

1375

00:52:40,630 --> 00:52:38,079

don't don't identify with your present

1376
00:52:41,910 --> 00:52:40,640
incarnation as merger your personality

1377
00:52:43,750 --> 00:52:41,920
your sex your

1378
00:52:45,270 --> 00:52:43,760
you know all this stuff because the real

1379
00:52:46,390 --> 00:52:45,280
lady before you go you're experiencing

1380
00:52:49,190 --> 00:52:46,400
everything

1381
00:52:51,670 --> 00:52:49,200
well what it is is on this wheel of 84

1382
00:52:53,670 --> 00:52:51,680
which comes to millions of lifetimes you

1383
00:52:56,230 --> 00:52:53,680
go through these ages you go through the

1384
00:52:59,190 --> 00:52:56,240
golden age of satya yuga which is 1

1385
00:53:01,589 --> 00:52:59,200
million 728 000

1386
00:53:03,910 --> 00:53:01,599
years then there's the silver age where

1387
00:53:05,750 --> 00:53:03,920
it becomes slightly less positive and

1388
00:53:08,230 --> 00:53:05,760

discord a slight amount of discord is

1389

00:53:09,910 --> 00:53:08,240

introduced you know on ancient lemuria

1390

00:53:12,790 --> 00:53:09,920

was the golden age so it was a much more

1391

00:53:15,190 --> 00:53:12,800

positive on earth on ancient atlantis

1392

00:53:17,349 --> 00:53:15,200

there was more discord introduced

1393

00:53:19,270 --> 00:53:17,359

um and then in copper age it becomes

1394

00:53:21,750 --> 00:53:19,280

half positive and half negative and then

1395

00:53:24,069 --> 00:53:21,760

finally cala yuga which the age we're in

1396

00:53:26,710 --> 00:53:24,079

now maybe the golden part i don't know

1397

00:53:29,030 --> 00:53:26,720

um the series was a golden name yeah

1398

00:53:30,069 --> 00:53:29,040

towards the end or the

1399

00:53:31,589 --> 00:53:30,079

a little bit toward the end of the

1400

00:53:33,510 --> 00:53:31,599

golden age so they have very long

1401

00:53:35,589 --> 00:53:33,520

lifespans um

1402

00:53:37,430 --> 00:53:35,599

you know that they could live uh a

1403

00:53:39,670 --> 00:53:37,440

number of thousands of years

1404

00:53:41,670 --> 00:53:39,680

and and because of that a lot of the

1405

00:53:43,030 --> 00:53:41,680

students really took their time in terms

1406

00:53:44,790 --> 00:53:43,040

of learning because

1407

00:53:46,390 --> 00:53:44,800

sometimes once when a planet is in a

1408

00:53:48,309 --> 00:53:46,400

golden age there feels like there's no

1409

00:53:50,150 --> 00:53:48,319

hurry and it gives this profound

1410

00:53:52,069 --> 00:53:50,160

illusion that you've already reached a

1411

00:53:54,549 --> 00:53:52,079

very high level when maybe you've only

1412

00:53:57,510 --> 00:53:54,559

been to the astral plane so that was a

1413

00:53:59,349 --> 00:53:57,520

big problem that the master had with a

1414

00:54:02,150 --> 00:53:59,359

lot of the population with his students

1415

00:54:03,510 --> 00:54:02,160

was that this sort of golden age apathy

1416

00:54:05,430 --> 00:54:03,520

where they believed that they would

1417

00:54:07,430 --> 00:54:05,440

reach a high level and just sort of hang

1418

00:54:08,230 --> 00:54:07,440

out in the astral plane

1419

00:54:09,270 --> 00:54:08,240

so

1420

00:54:12,069 --> 00:54:09,280

um

1421

00:54:14,069 --> 00:54:12,079

one of the things that that uh we would

1422

00:54:15,990 --> 00:54:14,079

do is we would we would meet regularly

1423

00:54:17,109 --> 00:54:16,000

as a class every week

1424

00:54:19,190 --> 00:54:17,119

and

1425

00:54:21,109 --> 00:54:19,200

god

1426

00:54:22,630 --> 00:54:21,119

and you know alan would be there we knew

1427

00:54:24,309 --> 00:54:22,640

each other we were good friends back

1428

00:54:27,589 --> 00:54:24,319

then

1429

00:54:29,910 --> 00:54:27,599

i would i was i was um

1430

00:54:31,510 --> 00:54:29,920

i was the name of him heather was in a

1431

00:54:32,390 --> 00:54:31,520

male in that incarnation and i was a

1432

00:54:35,190 --> 00:54:32,400

male

1433

00:54:36,470 --> 00:54:35,200

and uh i was his i was a chiller or a

1434

00:54:38,630 --> 00:54:36,480

student of

1435

00:54:40,549 --> 00:54:38,640

of his but i was also

1436

00:54:42,470 --> 00:54:40,559

a um initiate

1437

00:54:45,430 --> 00:54:42,480

i was in on the path

1438

00:54:46,710 --> 00:54:45,440

and we would study together um we'd all

1439

00:54:49,109 --> 00:54:46,720

get into this room and there was

1440

00:54:51,750 --> 00:54:49,119

extremely high vibration feeling like

1441

00:54:53,510 --> 00:54:51,760

sparkling particles of light or like

1442

00:54:55,829 --> 00:54:53,520

sort of like ocean air

1443

00:54:58,390 --> 00:54:55,839

and we'd i'd open up the shariat which

1444

00:55:00,230 --> 00:54:58,400

is the um book of the masters and it was

1445

00:55:03,109 --> 00:55:00,240

really thick and big it was like about

1446

00:55:04,870 --> 00:55:03,119

what uh uh uh three feet long and two

1447

00:55:08,309 --> 00:55:04,880

would imagine so

1448

00:55:13,270 --> 00:55:10,069

the serious people were roughly about

1449

00:55:15,270 --> 00:55:13,280

what was it 24 feet high total yeah so

1450

00:55:17,829 --> 00:55:15,280

we're translating everything into

1451

00:55:20,390 --> 00:55:17,839

what i call series feet you know

1452

00:55:22,230 --> 00:55:20,400

so when we say it was that big it was

1453

00:55:25,109 --> 00:55:22,240

actually much bigger but it was pretty

1454

00:55:27,349 --> 00:55:25,119

bad relative to uh uh the humans

1455

00:55:29,109 --> 00:55:27,359

and and and sirius had a you know an

1456

00:55:31,349 --> 00:55:29,119

interesting and much more resilient

1457

00:55:33,910 --> 00:55:31,359

anatomy they had two hearts and

1458

00:55:35,430 --> 00:55:33,920

anyway that's a long story but um in any

1459

00:55:37,510 --> 00:55:35,440

case uh we

1460

00:55:40,549 --> 00:55:37,520

we would i'd open up the share yet and

1461

00:55:43,109 --> 00:55:40,559

then we would i would we basically the

1462

00:55:45,829 --> 00:55:43,119

students would all study together about

1463

00:55:47,750 --> 00:55:45,839

out of body travel and how to reach the

1464

00:55:49,910 --> 00:55:47,760

state of this you know reaching the

1465

00:55:52,470 --> 00:55:49,920

states of the secrets of jive and multi

1466

00:55:54,710 --> 00:55:52,480

and god realization so

1467

00:55:56,309 --> 00:55:54,720

yes the goals are i would teach them

1468

00:55:58,950 --> 00:55:56,319

about self-realization and god

1469

00:56:00,789 --> 00:55:58,960

realization which is to basically learn

1470

00:56:02,710 --> 00:56:00,799

to consciously dwell

1471

00:56:04,549 --> 00:56:02,720

in these much higher levels of heaven

1472

00:56:07,430 --> 00:56:04,559

like ellen was talking about the soul

1473

00:56:09,750 --> 00:56:07,440

plane and the anami lock which is the

1474

00:56:11,589 --> 00:56:09,760

god plane that's the tenth plane so the

1475

00:56:13,109 --> 00:56:11,599

soul plane is the fifth and the anami

1476

00:56:14,950 --> 00:56:13,119

lok and above

1477

00:56:17,270 --> 00:56:14,960

is the is the area of qatar rosa in the

1478

00:56:19,589 --> 00:56:17,280

10th 11th and 12th and beyond that and

1479

00:56:21,829 --> 00:56:19,599

so what it is is in every era there is

1480

00:56:23,030 --> 00:56:21,839

always a living garden master

1481

00:56:25,030 --> 00:56:23,040

and um

1482

00:56:26,870 --> 00:56:25,040

and and what it when one

1483

00:56:29,829 --> 00:56:26,880

when one garden master passes then

1484

00:56:32,390 --> 00:56:29,839

another broadmaster takes his place and

1485

00:56:34,230 --> 00:56:32,400

he gives souls this opportunity to

1486

00:56:36,309 --> 00:56:34,240

graduate from the lower worlds of

1487

00:56:37,910 --> 00:56:36,319

reincarnation may i say did you want to

1488

00:56:38,950 --> 00:56:37,920

hear a little bit about the technology

1489

00:56:40,950 --> 00:56:38,960

and all that i don't know if that's

1490

00:56:42,549 --> 00:56:40,960

something actually i would like to say

1491

00:56:44,950 --> 00:56:42,559

that i'm just so digging this believe it

1492

00:56:46,630 --> 00:56:44,960

or not we have two minutes left oh yeah

1493

00:56:48,309 --> 00:56:46,640

let's can we make this a part two and

1494

00:56:50,710 --> 00:56:48,319

get you guys back really soon that would

1495

00:56:52,710 --> 00:56:50,720

just be beyond phenomenal

1496

00:56:54,470 --> 00:56:52,720

it sounds fun to me we couldn't extend

1497

00:56:56,950 --> 00:56:54,480

it another 10 minutes ago

1498

00:56:59,190 --> 00:56:56,960

i wish i i could but the problem is i

1499

00:57:01,670 --> 00:56:59,200

only have an hour window before another

1500

00:57:03,670 --> 00:57:01,680

show kicks in could you leave us with

1501
00:57:05,430 --> 00:57:03,680
the could you leave us with a final

1502
00:57:08,630 --> 00:57:05,440
thought from each of you quickly because

1503
00:57:13,430 --> 00:57:11,190
you want to go first oh you can go oh uh

1504
00:57:16,870 --> 00:57:13,440
final thought final thought would be

1505
00:57:19,030 --> 00:57:16,880
um you have to be bold adventurous

1506
00:57:21,349 --> 00:57:19,040
and cunning and resourceful

1507
00:57:23,670 --> 00:57:21,359
and you have to love god more than you

1508
00:57:25,270 --> 00:57:23,680
love the things of this world

1509
00:57:27,589 --> 00:57:25,280
if you want to have these experiences

1510
00:57:29,829 --> 00:57:27,599
and they can be achieved even by those

1511
00:57:31,829 --> 00:57:29,839
who aren't bold if you have this love in

1512
00:57:34,230 --> 00:57:31,839
your heart for god you can learn to be

1513
00:57:36,150 --> 00:57:34,240

bold but you have you can't the love has

1514

00:57:38,069 --> 00:57:36,160

to be something that's there and no

1515

00:57:40,870 --> 00:57:38,079

matter how spiritually advanced that you

1516

00:57:42,950 --> 00:57:40,880

feel if they truly desire freedom

1517

00:57:45,510 --> 00:57:42,960

they can transcend their karma and

1518

00:57:47,589 --> 00:57:45,520

transcend reincarnation and graduate

1519

00:57:49,750 --> 00:57:47,599

from these worlds of time and space and

1520

00:57:51,829 --> 00:57:49,760

become a conscious co-worker with god

1521

00:57:53,190 --> 00:57:51,839

which is the key yeah

1522

00:57:55,750 --> 00:57:53,200

i love the way you guys play off each

1523

00:57:57,109 --> 00:57:55,760

other it's phenomenal

1524

00:57:58,950 --> 00:57:57,119

i mean you know they'll just chime in

1525

00:58:01,430 --> 00:57:58,960

and out in and out it's great

1526
00:58:03,589 --> 00:58:01,440
heather and alan thank you i'm blessed

1527
00:58:05,030 --> 00:58:03,599
to have met you both and you can bet i'm

1528
00:58:06,870 --> 00:58:05,040
going to put these exercises into

1529
00:58:10,230 --> 00:58:06,880
practice and i will keep you posted in

1530
00:58:13,510 --> 00:58:11,829
thank you thank you

1531
00:58:15,829 --> 00:58:13,520
it's been wonderful to be on yeah with

1532
00:58:18,789 --> 00:58:15,839
you enjoyed it always stay in touch that

1533
00:58:21,510 --> 00:58:18,799
door is always open to you both everyone

1534
00:58:23,589 --> 00:58:21,520
heather and alan uh you can find more

1535
00:58:25,750 --> 00:58:23,599
about their gorgeous delicious work at

1536
00:58:27,030 --> 00:58:25,760
soul travel agent dot com keith anthony

1537
00:58:31,230 --> 00:58:27,040
blanc

1538
00:58:35,510 --> 00:58:33,670

v-a-r-d-a-n-k-a-r dot com

1539

00:58:36,549 --> 00:58:35,520

one more time for me give it up

1540

00:58:39,270 --> 00:58:36,559

oh the

1541

00:58:41,990 --> 00:58:39,280

a-r-d-a-n-k-a-r

1542

00:58:43,670 --> 00:58:42,000

dot com and we're on youtube as well

1543

00:58:45,030 --> 00:58:43,680

thank you guys much appreciated everyone

1544

00:58:46,950 --> 00:58:45,040

keith anthony blanchard your host of

1545

00:58:48,710 --> 00:58:46,960

center of light radio monday night 6 p.m

1546

00:58:50,069 --> 00:58:48,720

eastern time you can find me sitting

1547

00:58:51,750 --> 00:58:50,079

here in this captain's chair conducting

1548

00:58:53,430 --> 00:58:51,760

affairs of the heart opening up that

1549

00:58:56,230 --> 00:58:53,440

stargate so you can get back home to

1550

00:58:57,910 --> 00:58:56,240

divine parents so you can be liberated

1551

00:58:59,670 --> 00:58:57,920

i look forward to seeing you and next

1552

00:59:02,390 --> 00:58:59,680

week my guess is going to be check this

1553

00:59:04,710 --> 00:59:02,400

out he returns jason quit

1554

00:59:07,589 --> 00:59:04,720

this guy is hot on the scene he's an

1555

00:59:10,230 --> 00:59:07,599

interdimensional time traveler and he's

1556

00:59:11,589 --> 00:59:10,240

very quick-witted he knows his stuff uh

1557

00:59:13,750 --> 00:59:11,599

it's kind of like a part two of this

1558

00:59:15,190 --> 00:59:13,760

show here with a little different slant

1559

00:59:17,109 --> 00:59:15,200

i look forward to seeing you next week

1560

00:59:18,630 --> 00:59:17,119

remember when you have nothing to do at

1561

00:59:19,829 --> 00:59:18,640

night since you're laying there

1562

00:59:21,589 --> 00:59:19,839

breathing going to sleep you might as

1563

00:59:23,430 --> 00:59:21,599

well breathe on purpose because when you

1564

00:59:25,510 --> 00:59:23,440

do something begins to happen and that

1565

00:59:27,990 --> 00:59:25,520

something is a profound deafening

1566

00:59:30,390 --> 00:59:28,000

silence and in that silence is

1567

00:59:32,549 --> 00:59:30,400

everything you can possibly imagine that

1568

00:59:40,330 --> 00:59:32,559

you desire and deserve i look forward to

1569

00:59:57,950 --> 00:59:55,349

[Music]

1570

01:00:00,870 --> 00:59:57,960

see inside

1571

01:00:01,300 --> 01:00:00,880

[Music]

1572

01:00:12,350 --> 01:00:01,310

[Applause]

1573

01:00:17,750 --> 01:00:15,829

[Music]

1574

01:00:19,030 --> 01:00:17,760

guess what hollywood

1575

01:00:21,589 --> 01:00:19,040

i'm here

